

**GSL Meet 5 Spokane Valley Plantes Ferry 5 k 19-Oct-2011**

North Central NC | Mt Spokane MtS | University Uni | Shadle Park SP

4:40 PM sunny & calm, mid 50's, dry course, gorgeous autumn day!

3A

Race3

**Varsity Girls**

			Time	Avg	Spr
1	Katie Knight	11 NC	18:32		
2	Kendra Weitz	11 SP	18:58		
3	Brooklin Young	11 MtS	20:03		
4	Molly Cole	12 MtS	20:09	20:06	6
5	Kellie Duchow	12 MtS	20:24	20:12	21
6	Elizabeth Smith	10 Uni	20:34		
7	Courtney Sherick	10 Uni	20:36	20:35	2
8	Ashlie Standow	11 Uni	20:42	20:37	8
9	Michaela Roske	11 NC	20:49	19:41	2:17
10	Michaela Lindley	12 SP	21:12	20:05	2:14
11	Sophie Spilker	11 MtS	21:13	20:27	1:10
12	Emily Stone	11 SP	21:25	20:32	2:27
13	Gabi Gomez-Wint	9 SP	21:28	20:46	2:30
14	Lauren Dunnell	9 SP	21:30	20:55	2:32
15	Annie Hughey	10 SP	21:48	21:03	2:50
16	Brittany Cermak	12 Uni	21:58	20:58	1:24
17	Kira Johnston	11 Uni	21:59	21:10	1:25
18	Maddy Cook	10 SP	22:04	21:12	3:06
19	Emily Palmer	10 NC	22:08	20:30	3:36
20	Magen Potter	12 Uni	22:12	21:20	1:38
21	Deja Svastisalee	10 NC	22:19	20:57	3:47
22	Rachel Friesen	9 MtS	22:19	20:50	2:16
23	Stephanie Bayless	12 NC	22:28	21:15	3:56
24	Lisa DePledge	10 MtS	22:33	21:07	2:30
25	Taylor Shae Martins	12 Uni	22:33	21:31	1:59
26	Emily Stewart	10 NC	23:15	21:35	4:43
27	Taylor Ray	11 NC	24:29	22:00	5:57
28	Melissa Inouye	12 MtS	25:06	21:41	5:03

MtS	NC	Uni	NC	SP	NC	MtS	Uni	MtS	SP	SP	Uni
24	31	22	35	24	37	24	32	27	30	27	30
	1		1		1						
				2					1	1	
2						1		2			
3						2		3			
4						3		4			
		2					4				2
		3					5				3
		4					6				4
	5		5		3						
				4					5	5	
6						7		6			
				5				7	6		
				6				8	7		
				7				9	8		
				8				10	9		
		6					8				10
		7					9				11
			8		10						
		9					10				13
	8		10		11						
9						11		12			
	10		11		12						
11						12		13			
		12					13				14
	12		13		13						
	13		14		14						
14						14		14			

District	Score
1	☺
2	★
3	★
4	★
5	★
6	☺
7	☺
8	☺
9	☺
10	★
11	★
12	★
13	★
14	★
15	★
16	☺
17	☺
18	★
19	
20	
21	
22	★
23	
24	★
25	
26	
27	
28	★

no score -> •

3A Regional qualifier, Team -> ★

3A Regional qualifier, Individual -> ☺

**3A District Championship**

	Total	Scores								Avg.5	Spr	Avg.7	Spr
1 Mt Spokane	MtS	45	3	4	5	11	22	24	28	20:50	2:16	21:41	5:03
2 Shadle Park	SP	51	2	10	12	13	14	15	18	20:55	2:32	21:12	3:06
3 University	Uni	54	6	7	8	16	17	20	25	21:10	1:25	21:31	1:59
4 North Central	NC	73	1	9	19	21	23	26	27	21:15	3:56	22:00	5:57