

2011 PRESTATE ANALYSIS (POST STATE ANALYSIS BELOW)

By Will Woodward (ran 15:25 at Sun Willows 1993) and Rod Wilcox – King's XC

From the five-time defending champion North Central boys team -- one of the best teams in the nation -- to the Union girls team qualifying for their first State meet ever, November 5 will bring together in Pasco any number of interesting stories. Here are a few of them.

FIRST STATE APPEARANCES

Seven boy's teams and four girl's teams will make their first State appearance. 4A **Union** qualified both teams for the first time in the same year.

For the girls, the 3A and 2A races lack a newcomer. 4A **Union**, 1A **Wahluke**, B **Mount Rainier Lutheran** and B **TriCities Prep** all qualify for the first time ever.

For the boys, the 3A and 2A races lack a newcomer again. 4A **Union**, 4A **Todd Beamer**, 2A **Aberdeen**, 1A **Northwest**, B **Seattle Waldorf**, B **Seton Catholic**, and **Shorewood Christian** all qualify for the first time.

RECORD BREAKING LONGEST GAPS SINCE LAST STATE APPEARANCE

Wenatchee boys placed 2nd in the first State XC Championships and returned the following year but missed out on the trophies. That was 1960. In 2011 the Panthers returned after a 51 year absence. The entire sport has evolved since then in so many ways. Welcome back Wenatchee.

The old record for longest gap between appearances was held by the **Naselle** boys who finished 22nd (last) in the Division 1 classification in 1965, did not qualify for 42 years, and returned to place 15th in the 2008 B race.

Kent Meridian girls last competed at State in 1979. That 31 year gap between appearances, break the record of 28 years by the Meadowdale girls' (1978-2005).

LONGEST STATE STREAKS EXTENDED

The **Bishop Blanchet** boys will make their 33th consecutive State appearance and 45th overall, both Washington State records. The **Northwest Christian (Lacey)** boys will compete in their 12th consecutive State meet for the second-longest active streak among boys' teams.

The **Bellarmino Prep** girls extend their string to 15 consecutive State appearances. Among girls' teams, only Seattle's **Lakeside** (21, 1977-1997), and **South Kitsap** (16, 1989-2004) have had longer streaks.

For the tenth consecutive year, **Sehome** has qualified both boys and girls. The State record for consecutive qualifications of both teams is 15 years (**Gig Harbor**, 1987-2001).

LONGEST STATE STREAKS ENDING

In 2009 and 2010, Mead and Lakewood boys' teams ended the longest streaks in State history. **Mead** boys' legendary teams qualified 21 teams in a row. Of course they earned an amazing 21 trophies in a row as well. The **Lakewood** boys had qualified for State for 26 consecutive years which included eleven trophies.

The **Saint George's** ended their seven year streak in 2011. The Dragons are ranked 13th on the all-time list and have qualified in 18 of the last 21 years including eleven team trophies.

The **Gig Harbor** girls' team ended their streak of eight years qualifying to state. The Tides are ranked 4th on the all-time list and won 6 trophies in that eight year streak.

LEGENDARY PROGRAMS NOT TO QUALIFY

Brutal district competition, parity or just bad luck. Whatever the reason, both the legendary programs of Mead and Lakewood boys have not qualified the last two years.

Joel Ferris ranks 2nd on the all-time points scored list but failed to qualify in 2011.

The legendary **Mount Baker** girls team failed to qualify in 2011. The Lady Mountaineers have won 5 State titles and finished in the top-4 12 other times. Their 26 State appearances rank third among girls' programs.

The stats below tell more of the story.

Here are all 152 qualifying teams, listed in order of the number of times they have competed at the State championships.

BOYS STATE CHAMPIONSHIP APPEARANCES,
2011 QUALIFYING TEAMS

45 Bishop Blanchet, 34th consecutive
31 Columbia River, 4th consecutive
29 Omak, 1st since 2000
28 Gig Harbor, 7th consecutive
27 Seattle Prep, 10th consecutive
26 Puyallup, 2nd consecutive
26 Nathan Hale, 2nd consecutive
26 Renton, 1st since 2007
26 Lakeside-Seattle, 1st since 2005
25 Montesano, 2nd consecutive
24 King's, 2nd consecutive
24 Bellevue, 6th consecutive
22 North Central, 8th consecutive
22 Capital, 1st since 2008
20 Tumwater, 1st since 2008
20 Northwest Chr-Colbert, 4th consecutive
19 Redmond, 6th consecutive
19 Selah, 6th consecutive
17 Tahoma, 2nd consecutive
16 Cheney, 4th consecutive
16 Cashmere, 4th consecutive
16 Eisenhower, 5th consecutive
16 LaCenter, 8th consecutive
16 Sehome, 10th consecutive
15 Cedarcrest, 2nd consecutive
15 East Valley-Spokane, 1st since 2005
15 Hazen, 3rd consecutive
15 Ellensburg, 6th consecutive
15 Lindbergh, 7th consecutive
14 Oak Harbor, 2nd consecutive
14 Lakeside-9 Mile Falls, 8th consecutive
14 Interlake, 4th consecutive
13 Bellarmine Prep, 3rd consecutive
13 Jackson, 6th consecutive
12 Lakes, 2nd consecutive
12 Colville, 3rd consecutive
12 Lynden Christian, 5th consecutive
12 Northwest Chr-Lacey, 12th consecutive
12 Battle Ground, 1st since 2003
11 Garfield, 3rd consecutive
11 White Pass, 3rd consecutive
11 Camas, 3rd consecutive
11 Charles Wright, 5th consecutive
10 Toledo, 3rd consecutive
10 Mount Spokane, 1st since 2009
9 Meridian, 3rd consecutive
8 Kamiakin, 3rd consecutive
8 Mark Morris, 5th consecutive
8 Royal, 7th consecutive
8 Central Valley, 1st since 2007
7 Liberty Bell, 2nd consecutive
7 Highland, 1st since 2004
7 Olympic, 2nd consecutive
7 Pomeroy, 1st since 2000
6 Deer Park, 3rd consecutive
6 Squalicum, 4th consecutive
6 Zillah, 5th consecutive
5 Skyline, 2nd consecutive
5 Mt Rainier Lutheran, 4th consecutive
5 Tri Cities Prep, 5th consecutive
5 Kamiak, 1st since 2003
4 Kentwood, 2nd consecutive
4 Mossyrock, 3rd consecutive

4 Republic, 4th consecutive
4 White Salmon, 1st since 1996
4 Crosspoint, 3rd consecutive
3 Glacier Peak, 2nd consecutive
3 Auburn Mountainview, 1st since 2009
3 Davenport, 3rd consecutive
3 Wenatchee, 1st since 1960
3 White River, 1st since 2009
2 Bickelton, 1st since 2009
2 Asotin, 1st since 2004
1 Northwest, 1st ever
1 Union, 1st ever
1 Seattle Waldorf, 1st ever
1 Seton Catholic, 1st ever
1 Shorewood Christian, 1st ever
1 Todd Beamer, 1st ever
1 Aberdeen, 1st ever

GIRLS STATE CHAMPIONSHIP APPEARANCES,
2011 QUALIFYING TEAMS

32 Bellarmine Prep, 15th consecutive
27 Riverside, 7th consecutive
26 Eisenhower, 3rd consecutive
26 Lakeside-Seattle, 3rd consecutive
22 Snohomish, 1st since 2008
22 Chelan, 1st since 2009
21 Capital, 12th consecutive
20 Mercer Island, 2nd consecutive
20 Ephrata, 9th consecutive
19 Montesano, 2nd consecutive
19 Redmond, 11th consecutive
19 Issaquah, 1st since 1998
18 South Kitsap, 2nd consecutive
18 Tahoma, 9th consecutive
16 King's, 12th consecutive
15 North Kitsap, 5th consecutive
15 Enumclaw, 1st since 2009
14 Puyallup, 2nd consecutive
14 Stanwood, 4th consecutive
14 Cedarcrest, 5th consecutive
14 Seattle Prep, 5th consecutive
14 Lynden Christian, 1st since 2008
14 Sehome, 11th consecutive
12 Lindbergh, 3rd consecutive
12 Cashmere, 1st since 2009
12 White Pass, 6th consecutive
12 LaCenter, 6th consecutive
11 Central Valley, 7th consecutive
11 Zillah, 8th consecutive
10 Bellingham, 7th consecutive
10 Thomas Jefferson, 2nd consecutive
10 Camas, 4th consecutive
9 Northwest Chri-Lacey, 7th consecutive
9 Lakeside-9 mile falls, 6th consecutive
9 East Valley-Spokane, 1st since 2005
9 Oak Harbor, 3rd consecutive
9 Lewis and Clark, 1st since 2005
9 Peninsula, 4th consecutive
8 Hoquiam, 2nd consecutive
8 Deer Park, 5th consecutive
8 Asotin, 8th consecutive
7 Mount Spokane, 2nd consecutive
7 Meridian, 1st since 2009
7 Nooksack Valley, 1st since 2009
7 Cheney, 3rd consecutive

6 Kamiakin, 2nd consecutive
 6 Centralia, 1st since 2001
 6 Cedar Park Christian, 2nd consecutive
 6 Interlake, 3rd consecutive
 6 Shadle Park, 3rd consecutive
 6 Hockinson, 4th consecutive
 5 Reardan, 1st since 2008
 5 Bear Creek, 2nd consecutive
 5 Holy Names, 1st since 2006
 5 Kingston, 5th consecutive
 5 Castle Rock, 1st since 1988
 4 Henry Jackson, 2nd consecutive
 4 Glacier Peak, 4th consecutive
 4 Sumner, 1st since 2008

4 Pullman, 1st since 1992
 3 Central Kitsap, 1st since 2000
 3 Prairie, 3rd consecutive
 2 Kent Meridian, 1st since 1979
 2 Mark Morris, 1st since 2008
 2 Northwest, 1st since 2009
 2 Bonney Lake, 2nd consecutive
 2 Liberty-Issaquah, 2nd consecutive
 2 Oroville, 2nd consecutive
 1 Tri Cities Prep, 1st ever
 1 Mount Rainier Lutheran, 1st ever
 1 Wahluke, 1st ever
 1 Union, 1st ever

2011 POST-STATE ANALYSIS

By Will Woodward (ran 15:25 at Sun Willows 1993) and Rod Wilcox – King's XC

WASHINGTON STATE HIGH SCHOOL CROSS COUNTRY HISTORY

Washington high school cross country traces its state championship history back to 1959. (The Washington Interscholastic Activities Association started sanctioning the State meet a decade later, and girls got a championship meet in 1973.) Some of the interesting facts and figures of the 53 State meets are summarized below. To rank teams, I award 10 points for a championship, 7 points for finishing second, 5 points for third, 3 points for fourth and 1 point for any other State appearance.

ALL-TIME GREATEST BOYS' PROGRAMS

1) **Mead High School** (228 points) has, by far, the greatest boys' cross country program in Washington history. The Panthers have won a record 15 State titles, including 9 in a row from 1988 to 1996, and have finished no lower than 3rd for 21 straight years (1998-2008). While Mead has 11 individual titles, 26 team trophies and has had 56 boys on the podium at state, the Panthers have showed their mortality and have not qualified a team since 2008. They have a long way to go before anyone will unseat them as the role model of the state.

2) Despite brutal competition from cross-town rival Mead, **Joel Ferris** (156) has won 8 titles in the State's largest classification, including 4 straight from 2003 to 2006. The Saxons have 22 total top-4 finishes as well as 6 individual titles and 49 podium placers. Ferris jumped over Blanchet, and moved into second place with their 2009 title. 1987 was the last year that both Ferris and Mead did not qualify a boys team to State.

3) Consistent, consistent, consistent. **Bishop Blanchet** (151) has competed at State a record 45 times, including the last 34 years in a row. The Braves have won 8 titles during that stretch along with 5 individual titles. They've been 4th or better 17 times and placed 34 runners on the podium. In only two years (1959 and 1961) have one of the top 3 teams on this list not been at the state meet and in 14 years all three have appeared.

4) Yet another title pushes **North Central** (132) up one spot on the legends list. With six 3A championships and two runner-up finishes in the last eight years, North Central reprises early success. Between 1971 and 1987 the Indians finished 4th or better 8 times, including capturing the 3A title in 1977. 33 podium placers, 16 team trophies and two individual State Champions is a great team resume. NC is moving up quickly and Mead's once untouchable title streak of 9 looks within reach.

5) A legendary team from the past finally made it back to the show. In 2011 **Omak** (130) returned to State for the first time since 2000. Significant since they had only failed to qualify 3 times between 1969 and 2000. The Pioneers have won 7 State titles as the greatest small school program in Washington history. They have 16 total top-4 finishes in 29 State appearances. Omak has won 3 individual titles and placed 25 runners on the podium.

6) **Seattle Prep** (114) has won 3 championships, each in a different decade. The Panthers have finished among the top 4 on 17 occasions to go along with 3 individual titles. With 10 straight trophies (2002-2011) Prep along with North Central look to be legends in the making.

7) Counting the histories of both of its predecessor schools, **Edmonds-Woodway** (110) has 7 championships to its credit, including six between 1982 and 1990. A true team model as E-W trophies have come with only one individual title and only 19 podium placers. The Warriors' 32 State appearances rank second to Blanchet but has not been at state since 2005 and only 4 times since 1995.

8) Despite not having competed at State since 1995, **Richland** (103) has 24 appearances, finishing 4th or better 13 times, including 5 straight titles in the early 1970s. That run made the Bombers the dominant team of Washington cross country's first three decades. Richland holds the distinction as the best program not to have won an individual title but has placed 17 runners on the state podium. Not long ago, Richland was #2 on this list. Along with Omak and Edmonds-Woodway, Richland's early history has them in the fading legends category.

9) Moving up one spot, **King's** (92) earns their 11th trophy. King's, then King's Garden, finished 22nd and last in the very first State meet in 1959. The Knights have avenged that ignominy with 4 titles, 3 runner-up finishes and a streak of 16 State appearances. King's has won 4 individual titles and had 28 runners climb the state podium. Gig Harbor, Sehome and Lakeside 9 Mile Falls are moving up fast so the Knights will have to work to stay in the top 10.

9) **Burlington-Edison** (92) won 5 trophies in a row from 2005-2009 to move into the top 10. The Tigers were a fast rising future legendary team however they failed to qualify to State in the last two years due to brutal district competition. The Tigers are still looking for their first individual title but have placed 24 individuals on the podium and have won 11 team trophies. Could be bumped out of the top 10 next year if they don't score.

11) Gig Harbor (85)

12) Lakeside – 9 Mile Falls (86)

13) One of the most accomplished schools between 1990-2007, **Saint George's** (85) has won three B titles along with one individual title. The Dragons have finished in the top 4 eight other times for 11 trophies and marched 20 runners up the steps at state. However the Dragons failed to make it to State in 2011 and have only scored 3 points since 2008. The most storied B school program was once in the top 10 but is falling fast.

TOP 40 BOYS TEAMS:

- | | |
|---|---|
| 14) Snohomish (77) 0 pts since 2007 | 27) Cashmere (57) 4 straight appearances |
| 14) Montesano (77) 3 pts since 1993 | 28) NW Christian Lacey (56) 6 straight trophies |
| 14) Sehome (77) 8 trophies since 2002 | 29) Shorecrest (54) 0 appearances since 2009 |
| 17) Columbia River (76) was consistent but only 1 trophy since 1983 | 29) Shadle Park (54) 0 pts since 1987 |
| 18) University (75) 1 appearance since 2001 | 31) Lewis & Clark (52) |
| 19) Riverside (72) 1 appearance since 2003 | 32) Charles Wright (51) 2 straight trophies |
| 20) West Valley-Spokane (71) 0 appearances since 2007 | 33) Ephrata (50) 0 pts since 2005 |
| 20) East Valley-Yakima (71) 0 appearances since 2008 | 33) Castle Rock (50) 2 pts since 1987 |
| 22) Curtis (70) 0 appearance since 1997 | 33) Redmond (50) 6 straight appearances |
| 23) Eisenhower (68) 3 straight trophies | 33) Lakeside – Seattle (50) 1 st pt since 2005 |
| 23) Selah (68) 6 straight appearances | 33) Nathan Hale (50) 2 appearances straight |
| 25) Lakewood (63) 0 appearances since 2009 | 38) Tonasket (48) 0 pts since 2005 |
| 26) Mount Baker (57) 3 pts since 1992 | 39) West Valley Yakima (47) 0 pts since 2003 |
| | 40) NW Christian Colbert (45) 4 straight appearances |

BEST BOYS PROGRAMS BY DIVISION (Teams placed in current division, no matter where the points were earned)

4A

- | | |
|------------------------|--------------------------|
| 1) Mead 228 | 13) Newport Bellevue 38 |
| 2) Joel Ferris 156 | 14) Issaquah 36 |
| 3) Edmonds-Woodway 110 | 15) Puyallup 34 |
| 4) Richland 103 | 16) Henry Jackson 33 |
| 5) Gig Harbor 90 | 17) Olympia 30 |
| 6) Snohomish 77 | 18) Wilson 29 |
| 7) Curtis 70 | 18) Tahoma 29 |
| 8) Eisenhower 68 | 20) Garfield 23 |
| 9) Lewis & Clark 52 | 21) South Kitsap 22 |
| 10) Redmond 50 | 21) Kent-Meridian 22 |
| 11) Kennewick 43 | 23) Evergreen Seattle 20 |
| 12) Rogers-Spokane 39 | 24) Mountlake Terrace 19 |

3A

- | | |
|---------------------------|----------------------|
| 1) Bishop Blanchet 151 | 13) Capital 37 |
| 2) North Central 132 | 14) Franklin 36 |
| 3) Seattle Prep 114 | 15) Mount Vernon 35 |
| 4) Columbia River 76 | 16) Kelso 28 |
| 5) University 75 | 16) Mount Spokane 28 |
| 6) Shadle Park 54 | 18) Mercer Island 27 |
| 6) Shorecrest 54 | 18) Odea 27 |
| 8) Lakeside-Seattle 50 | 20) Highline 24 |
| 8) Nathan Hale 50 | 21) Ingraham 23 |
| 10) West Valley-Yakima 47 | 22) Oak Harbor 22 |
| 11) Lynnwood 39 | 23) Peninsula 20 |
| 12) Bellevue 38 | |

2A

- 1) Burlington-Edison 92
- 2) Sehome 77
- 3) West Valley-Spokane 71
- 3) East Valley-Yakima 71
- 5) Selah 68
- 6) Lakewood 63
- 7) Mount Baker 57
- 8) Ephrata 50
- 9) Cedarcrest / Tolt 39
- 9) Renton 39
- 11) South Whidbey 37
- 12) Cheney 33

1A

- 1) Omak 130
- 2) King's 92
- 3) Lakeside-9 mile 86
- 4) Montesano 77
- 5) Riverside 72
- 6) Cashmere 57
- 7) Charles Wright 51
- 8) Castle Rock 50
- 9) Tonasket 48
- 10) Chelan 44
- 11) Colville 36
- 12) Chewelah 40

B

- 1) Saint George's 85
- 2) Northwest Christian-Lacey 56
- 3) Northwest Christian-Colbert 45
- 4) Reardon 39
- 5) Seattle Lutheran 38
- 6) Liberty Bell 34
- 7) Lake Roosevelt 26
- 8) Colfax 25
- 9) Tri Cities Prep 23
- 10) Republic 22
- 11) Carroll 17

- 13) Lindbergh 32
- 14) Bellingham 30
- 15) East Valley Spokane 27
- 16) Tyee 25
- 16) Wapato 24
- 18) Tumwater 22
- 19) Port Angeles 21
- 20) Squalicum 20
- 21) W F West 19
- 21) Elensburg 19
- 23) Anacortes 18
- 24) Centralia 15

- 13) Port Townsend 34
- 14) Naches 28
- 15) Freeman 27
- 16) Ilwaco 24
- 17) Connell 22
- 17) Seattle Academy 22
- 17) LaCenter 22
- 20) Rochester 21
- 21) Nooksack Valley 17
- 21) Royal 17
- 23) Highland 16

- 12) Pomeroy 16
- 13) White Pass 15
- 14) South Bend 11
- 15) Trout Lake 10
- 15) Odessa 10
- 17) Lyle 9
- 17) Davenport 9
- 19) Wilbur Creston 8
- 19) Valley Christian 8
- 19) Mosseyrock 8

BOYS DECADE-BY-DECADE BEST

1960s (+1959)

Snohomish (52) - 2 titles, 4 times runners-up, Coach Keith Gilbertson
Shadle Park (40) - 1962 title, 4 other trophies
Burlington-Edison (39) - 1967 title, 4 other top-3 finishes
Rogers-Spokane (38) - 2 titles, 5 top-3 finishes, Gerry Lindgren
Franklin (36) - 2 titles, 3 other trophies
Lewis & Clark (29) - 2 titles

1970s

Richland (52) - 5 straight titles
Selah (45) - 3 straight titles, twice 2nd
Curtis (43) - 3 titles, 2 other trophies
Montesano (38) - 1974 title, 4 other trophies
North Central (37) - 1977 title, 4 other top-3 finishes
Omak (33) - 2 titles, once runners-up
Tonasket (32) - 1 Title plus 3 other Trophies

Columbia River (22) - 1 Title plus 2 other Trophies
Renton (22) - 1 Title, one 3rd plus 8 year streak
Ingraham (21) -
Mt. Vernon (20) -
Highline (20) -
Evergreen Seattle (20) -
STREAKING- to State Every Year - None
To State 9 Years- Hudson's Bay, Snohomish

Mount Baker (30) - 2 Titles plus 1 other Trophy
Columbia River (29) - 1 Title plus 3 other Trophies
Joel Ferris (26) - 2 Titles plus 1 other Trophy
Mead (25) -
Cedarcrest/Tolt (25) -
STREAKING - to State Every Year
Curtis

1980s

Edmonds (64) - 5 titles, 2 other top-4,
Blanchet (45) - 3 titles, 2 other top-3,
Montesano (32) -1980 title, 4 other top-4
Redmond (29) - 1985 title, 3 other top-3
Ferris (29) - 2 titles, once runners-up
Ephrata (28) - 2 titles, once runners-up
Mead (28) - 2 titles, once runners-up, Tyson arrives
Castle Rock (26) – 1 Title plus 2 Trophies

Riverside (26) – 1 Title plus 2 Trophies
Shorecrest (25) – 2 Titles plus 1 3rd place, Tyson's short stay
West Valley-Spokane (25) – 3 runner-ups
Omak (23) – 5 trophies
Gig Harbor (23) -
STREAKING – to State Every Year
Edmonds, Blanchet,

1990s

Mead(89)-7 straight titles, top-3 all 10 years,best decade ever
Omak (71) - 5 titles, 3 other top-3 finishes
University (47) - 3 titles, 2 other top-4
Saint George's (46) - 1993 title, 5 other top-3 finishes
Gig Harbor (43) - 1995 title, 5 other trophies
Chewelah (38) -3 titles, 2 other trophies
Blanchet (36) -2 titles, 3 other trophies
Chelan (32) - 1 Title plus 4 other Trophies

Lynnwood (32) – 2 Titles plus 2 other Trophies
East Valley-Yakima (31) – 1 Title plus 3 other Trophies
Seattle Lutheran (29) – 1 Title and 3 other Trophies
King's (28) – 1 Title and 2 other Trophies
Riverside (25) – 4 Trophies
Capital (24) –
STREAKING – to State Every Year
Mead, Omak, Gig Harbor, Blanchet, Seattle Lutheran,
Lakewood

2000s

Mead (76) - 5 Titles, top-3 for 9 years
Ferris (66) – 5 Titles (4 in a row) and three 3rds
North Central (54) – 4 Titles and two 2nd places
King's (51) - 3 Titles in a row, two 2nds, and a 3rd
Seattle Prep (50) - 2000 Title then 8 straight Trophies
Sehome (48) – 2 Titles, three 2nds and a 3rd
Bishop Blanchet (45) – 3 Titles, the streak continues
NW Christian Lacey (44) – 2 Titles and 3 other Trophies
Lakeside-9mile falls (44) - 2 titles, two 2nds and a 3rd
Burlington Edison (43) – 3 Titles and 2 other Trophies

Charles Wright (41) – 2 Titles plus 3 other Trophies
Reardan (39) - 2 Titles plus 3 other Trophies
Saint George's (36) – 2 Titles plus 3 other Trophies
East Valley Yakima (32) – 2 Titles and two 2nd places
Eisenhower (24) – 4 Trophies
Henry Jackson (24) – 3 Trophies
Lakewood (24) – 5 Trophies, the streak continues
STREAKING – to State Every Year
Blanchet, NW Chr.-Lacey, Lakewood,

2010s

North Central (20)
Lakeside 9 Mile (20)
Tri-Cities Prep (20)
Eisenhower (17)
Sehome (17)
Lindbergh (17)
Colville (14)

Seattle Prep (12)
NW Christian Lacey (12)
Gig Harbor (11)
Republic (10)
King's (8)
Davenport (8)
Charles Wright (8)

BEST BOYS DECADE:

90's Mead (89 points)
00's Mead (76)
90's Omak (71)
00's Ferris (66)
80's Edmonds (63)
00's North Central (54)
70's Richland (52)
60's Snohomish (52)

00's King's (51)
00's Seattle Prep (50)
00's Sehome (48)
90's University (47)
90's Saint George's (46)
80's Bishop Blanchet (45)
00's Bishop Blanchet (45)
70's Selah (45)

ALL-TIME GREATEST GIRLS' PROGRAMS

1) **Mount Baker** - The Mountaineers (121 points) won titles in their first two State meets (1977 and 1978) and have added three more since. They have earned 2 individual titles and have placed a record 32 girls on the podium at state. The Mountaineers have finished in the top-4 17 times and never been lower than 7th when they qualify. Their 26 State appearances are the 2nd highest total for a girls' team. However Mount Baker hasn't been to state since 2004. Reclassification may boost their future score.

2) Moving up two spots is **Riverside** (114). The Rams have won 3 titles and finished in the top-4 an additional 14 times. Another team of depth as they have never won an individual title and have only had 16 girls on the podium. Riverside has won 12 team trophies in the last 15 years and could overtake the top spot next year.

3) **Eisenhower** (113) – As the greatest big school girls' program east of the Cascades, the Cadets have won five titles, five times been runners-up, and collected a total of 13 trophies. They have won 2 individual titles and placed 24 runners on the podium and after a drought in the late 00's the Cadets won again 2010.

4) The big school girls' program on the west side is **Gig Harbor** (112) - Like Mount Baker, the Tides (112) won it all in their first State meet (1980) and have five titles total. They've finished among the top-4 nine other times, and have qualified for State 23 of the last 25 years. However the Tides did not qualify in 2011 and haven't won a trophy since 2009. The Tides have won 3 individual titles and have placed 23 girls on the podium. 2012 might be a new list leader but will it be Gig, Ike or Riverside to get it?

5) Moving up two spots is **Bellarmino Prep** (106). - The Lions have more State appearances (32) than any other girls' team and are pushing a streak of 15 straight appearances. They've won 4 championships in those 32 trips, plus posted 10 other top-4 finishes. B.Prep has won 3 individual titles and placed 29 girls on the podium.

6) **Saint George's** (102) - First qualifying for State in 1992, the Dragons won 5 titles in an eight-year stretch and have 9 other top 4 finishes. They have won 3 individual titles, have placed 28 girls on the podium and are by far the best B girl's program. In 2011 the Dragons ended their streak of 9 straight appearances and haven't trophied since 2009.

6) **Chelan** - The Goats (102) have won 4 titles, including 3 straight 1988-1990, and have finished in the top-3 on 9 other occasions. They must have had great depth as they have only had 11 girls on the podium and have never won an individual title.

8) Moving up one spot is **King's** (99). - With only 4 appearances before this century, King's earned a record 7 Titles (4 in a row) along with three 2nds. The 85 points in the 2000s scores as the best female decade ever. 2nd place is Omak of the 90's with 61. If not for the 2 year opt up to 2A, the Lady Knights might have topped Mead's decade record of 89 points. The Lady Knights have won 3 individual titles and placed 29 runners on the podium.

8) **Omak** - The dominant program during the 1990s, the Pioneers (96) won 4 championships between 1992 and 1998. They've placed in the top-4 a total of 14 times and placed 3rd in 2010 after an eight year 3 point drought. Omak has one individual title but has placed 31 girls on the podium.

10) **South Whidbey** - The Falcons (95) won their 1st and only state title in 1979. They have been runners-up a record 8 times and have a total of 13 top-4 finishes. They have never won an individual title but have placed 18 girls on the podium. The Falcons have only scored 3 points since 2003 but they have the second longest girl's streak of 16 years to state (1989-2004) and have made 24 appearances. Reclassification may brighten their future.

11) **Snohomish** - Runners-up in the first two girls' State meets, the Panthers (90) finally captured their first title in 1995 and have won 3 more since. They've been top-4 a total of 12 times with a streak of 10 years (1999-2008) along with 21 appearances. The Panthers' 2002 and 2003 teams are arguably the best teams in state history but the school split in 2008 and now has cross town rival Glacier Peak to deal with. Not coincidentally the Panthers have only scored 2 points since 2008.

TOP 40 GIRLS' TEAMS:

12) Newport-Bellevue (86) 0 pts since 2008
13) Lakeside-Seattle (81) 3 years streak
14) Edmonds Woodway (80) 2 pts since 1990
15) Sehome (78) 6 trophies in a row
16) Mead (75) 2 pts since 2000
17) Northwest Chr. Lacey (67) 6 straight titles
18) Issaquah (64) 1 pt since 1998
19) East Valley-Spokane (57) 2 pts since 1998
20) Squalicum (53) 0 pts since 1998
21) Ephrata (52) 9 straight appearances
22) Selah (49) 2 pts since 1998
23) Tahoma (37) 3 trophies in a row
24) West Valley-Spokane (46)
24) Ferris (46) 0 pts since 1995
24) Lakewood (46) 2 pts since 2006

27) Mercer Island (45) 2 straight appearances
28) Carroll (43) closed since 1986
29) Bishop Blanchet (42) 0 pts since 2008
30) Eastlake (41) 5 year trophy streak ended
31) Lynnwood (39) 0 pts since 1999
32) Olympia (38) 0 pts since 2009
32) White Pass-Morton (38) 6 trophies in a row
34) Seattle Lutheran (37) 0 pts since 1996
35) West Valley Yakima (37) 1 pt since 2007
36) East Valley Yakima (36) 1 pt since 2005
36) Montesano (36) 2 straight appearances
36) Cedarcrest/Tolt (36) 5 straight appearances
39) Cashmere (35) 3 pts since 1989
39) South Kitsap (35) 2 straight appearances

BEST GIRLS' PROGRAMS BY DIVISION (Teams placed in current division, regardless of where the points were earned)

4A - 5 of the top 10 4A girls' teams did not make it to state in 2011

1) Eisenhower 113 - new leader
2) Gig Harbor 112pts - 8 year streak ends
3) Bellarmino Prep 106 - 15 year streak continues
4) Snohomish 90 - back after 2 year drought
5) Newport-Bellevue 86 - 3 year drought
6) Edmonds-Woodway 80 - hasn't scored since 2006
7) Mead 75 - 2 points since 2001
8) Issaquah 64 - back after 12 year absence
9) Tahoma 47 - 9 year streak with 4 trophies
10) Joel Ferris 46 - hasn't scored since 1995
11) Eastlake 41 - 5 year streak ends
12) Olympia 38 - 2 year drought

13) South Kitsap 35 - 2 year streak
14) Richland 28 - 2 year drought
14) Stanwood 28 - 4 year streak
16) Marysville-Pilchuck 26 - 4 year drought
17) Redmond 25 - 11 year streak with 2 trophies
18) Central Valley 24 - 7 year streak
19) Cascade Everett 23 - hasn't scored since 1996
19) Lewis & Clark 23 - 6 year drought ends
21) Thomas Jefferson 22 - 2 year streak
22) Federal Way 21 - hasn't scored since 1999
23) Skyline 19 - hasn't scored since 2005
23) Rogers Spokane 19 - 0 pts since 1990 title

3A - 6 of the top 10 did not make it to state in 2011

- 1) Lakeside-Seattle 82pts – even opting up they are the legends of 3A, 3 year streak
- 2) Mercer Island 45 – 2 year streak
- 3) Bishop Blanchet 42 – 3 year drought
- 4) Lynnwood 39 – hasn't scored since 1999
- 5) West Valley-Yakima 37 – missed out 3 of last 4 years
- 6) Shorecrest 28 – hasn't scored since 1994
- 7) Everett 27 – hasn't scored since 1987
- 7) Columbia River 27 – 2 year drought
- 7) Shadle Park 27 – 3 year streak
- 10) Shorewood 25 – 3 pts since 1994
- 10) Glacier Peak 18 – moving quickly, 3 trophies in a row
- 12) Bellevue 24 – 3 year streak ends
- 12) Kelso 24 – 10 year streak follow by 4 year drought
- 12) Sammamish 24 – hasn't scored since 1989

2A - 6 of the top 10 did not make it to state in 2011

- 1) Mount Baker 121pts – the legend of 2A but when will they return?
- 2) South Whidbey 95 – hasn't scored since 2007
- 3) Sehome 78 – 6 trophies in a row, 11 year streak
- 4) East Valley Spokane 57 – 2 points since 1999
- 5) Squalicum 53 – 7 trophy years followed by 3 absences
- 6) Ephrata 52 – 9 year streak but no recent trophies
- 7) Selah 49 – 2 points since 1999
- 8) West Valley-Spokane 46 – 4 year drought
- 8) Lakewood 46 – 2 year streak ends
- 10) East Valley-Yakima 36 – 1 point since 2006
- 10) Cedarcrest / Tolt 36 – 5 year streak with 2 trophies
- 12) Tumwater 29 – 3 points since 1993
- 13) Bellingham 28 – 7 year streak with 5 trophies
- 14) Cheney 14 – 3 trophies in a row

1A- Leaders continue – 7 of top 10 qualify

- 1) Riverside 114 – 7 year streak with 5 trophies
- 2) Chelan 102 – qualified 10 of last 11 years
- 3) King's 99 – 12 year streak continues, finally passes Omak
- 4) Omak 96 – 2 year streak ends
- 5) Montesano 36 – qualified in 3 of last 4 years
- 6) Cashmere 35 – 3 points since 1989
- 7) LaCenter 34 – 6 year streak
- 8) Bellevue Christian 31 – 4 year streak ends
- 9) Lynden Christian 30 – 4 points in the last 8 years
- 10) Port Townsend 28 – hasn't scored since 2005 trophy
- 11) Zillah 26 – 8 year streak with 2 trophies

B – 6 of the top 10 don't score

- 1) Saint George's 102pts – legends of the Bs ends a 9 year streak
- 2) Northwest Christian-Lacey 67 – 6 titles in a row and 7 year streak
- 3) Carroll 43 – closed school is amazingly ranked this high, hasn't scored since 1985.
- 4) White Pass 38 – 6 trophies in a row but no title
- 5) Seattle Lutheran 37 – hasn't scored since 1996
- 6) Pomeroy 28 – 1 point since 1996

- 12) Seattle Prep 24 – 5 year streak with 2 trophies
- 16) Mount Spokane 23 – scored in 7 of 9 years with 3 trophies
- 17) Hanford 21 – 3 year drought
- 17) Capital 21 – 12 year streak, 20 appearances and no trophies
- 19) Camas 19 – 5 year streak
- 19) Enumclaw 19 – scored in 5 of 6 years
- 21) University 18 – hasn't scored since 2004
- 21) Eastmont 18 – hasn't scored since 2001
- 23) Penninsula 18 – 4 year streak
- 23) Shoreline 17 – closed school
- 25) Nathan Hale 16 – 0 pts since 1990
- 25) North Central 16 – 0 pts since 2005

- 15) Centralia 21 – back after 9 year absence
- 15) North Kitsap 21 – 5 year streak with 2 trophies
- 17) Washougal 17 – 4 points since 1987
- 17) Renton 17 – 4 year drought
- 19) Wapato 12 – hasn't scored since 1994
- 19) Sequim 12 – 7 year streak followed by a 3 year drought
- 19) Port Angeles 12 – 4 points since 1985
- 19) Lindbergh 12 – 12 year drought followed by 3 year streak
- 19) Interlake 12 – 3 year streak with 2 trophies
- 24) Kingston 10 – 5 year streak
- 25) Anacortes 9 – no points since 1999

- 12) Lakeside 9 Mile 24 – 4 trophies in a row
- 13) Newport 19 – hasn't scored since 1997 trophy
- 14) Freeman 16 – 1 point in the last 6 years
- 15) Tenino 13 – hasn't scored since 1993
- 15) Charles Wright 13 – hasn't scored since 2006
- 15) Nooksack Valley 13 – scored in 7 of last 9 years
- 15) Ilwaco 13 – 1 point since 2005
- 15) Annie Wright 13 – hasn't scored since 2001
- 20) Granger 12 – hasn't scored since 1990
- 20) Meridian 12 – scored in 4 of last 5 years
- 20) Cedar Park Chr 12 – 2 year streak

- 7) Northwest Chr. Colbert 21 – 2 year streak ends
- 8) Asotin 18 – 8 year streak with 2 trophies
- 9) Warden 15 – hasn't scored since 2006
- 9) Reardan 15 – 2 year drought ends with trophy
- 11) Mary Walker 10 – hasn't scored since 1994
- 12) Wellpinit 9 – hasn't scored since 2002
- 12) Lake Roosevelt 9 – hasn't scored since 2005
- 14) Wahkiakum 8 – hasn't scored since 2000

GIRLS DECADE-BY-DECADE BEST

1970's

Bellarmine (37) – 3 Titles and 2 fourths
Selah (32) – 1 Title and 2 runner-ups
Mount Baker (23) – 2 Titles
Edmonds (18) – 1 Title and 1 second
South Whidbey (17) – 1 Title plus one 3rd
Bellevue Christian (17) – 1 Title plus one 2nd
Shoreline (17) – 1 Title plus one 3rd

1980's

Edmonds Woodway (59) – 4 Titles and 2 runner-ups
Issaquah (54) – 3 Titles and 2 runner-ups
Carrol (41) – 3 Titles and 2 thirds
Mount Baker (38) – 0 Titles but 6 trophies
Mead (37) – 1 Title and 3 runner-ups
Lakeside-Seattle (35) – 1 Title and 4 other trophies
Riverside (31) – 1 Title and 2 runner-ups
Chelan (28) – 2 Titles plus one 2nd place
Eisenhower (26) – 1 Title plus two 2nd places

1990's

Omak (61) – 4 Titles and 3 runner-ups
St. George's (55) – 4 Titles and 2 runner-ups
Eisenhower (47) – 2 Titles and 4 other Trophies
East Valley-Spok (47) – 4 straight Titles and a runner-up
Chelan (46) – 2 Titles, two 2nds and two 3rds
South Whidbey (44) – 5 runner-ups and a third
Lakewood (42) – 3 Titles and a runner-up
Gig Harbor (35) – 1 Title, 10 yr streak plus 3 other Trophies
Lakeside-Seattle (34) – 1 Title plus 5 other Trophies

2000's Century

King's (85) – a record of 7 titles, twice runner-up
Sehome (58) – 5 titles plus a 3rd place.
Squalicum (53) – 3 titles, 4 other top-3 finishes
Gig Harbor (50) - 3 straight titles plus 3 trophies
Northwest Chr. Lacey (47) – 4 titles plus 1 trophy
Saint George's (46) – 1 Title, 7 other Trophies
Snohomish (45) – 2 titles, 5 other top-4 finishes
Newport (Bellevue) (43) - 2 titles, 3 other top-3 finishes
Riverside (42) – 2005 title, 6 other top-4 finishes

2010's –

NW Christian Lacey (20) –
Glacier Peak (17) –
Sehome (17) –
Cheney (17) –
Riverside (17) –
Tahoma (15) –
Lakeside 9 Mile (13) –
Eisenhower (11) –

BEST GIRLS DECADE:

00's King's (85 points)
90's Omak (61)
80's Edmonds (59)
00's Sehome (58)
90's Saint George's (55)
80's Issaquah (54)
00's Squalicum (53)
00's Gig Harbor (50)
00's NW Chr. Lacey (47)
90's Eisenhower (47)

Snohomish (15) –
Olympia (15) –
West Valley Spokane (14) –
Newport Bellevue (13) –
Cedarcrest /Tolt (12) -
STREAKING- to state every year
Selah – but with no trophies

Gig Harbor (26) - 1 Title plus 3 other Trophies
Everett (26) – 1 Title plus 2 other Trophies
Cashmere (24) –
Lynnwood (24) –
West Valley Spokane (21) –
Montesano (21) –
Tumwater (21) –
STREAKING – to state every year
Mount Baker, Lakeside-Seattle

Mount Baker (33) – 1 Title plus 4 other Trophies
Mead (32) –
Seattle Lutheran (32) –
Newport Bellevue (30) –
Snohomish (29) –
Bishop Blanchet (28) –
South Kitsap (27) –
STREAKING- to state every year
Gig Harbor, South Kitsap, Blanchet, South Whidbey

East Valley Yakima (36) – 3 straight titles plus a 3rd
Bellarmine Prep (35) – 1 title plus 3 trophies
Eastlake (34) – 2 straight titles plus 2 trophies
Chelan (27) – 4 trophies and a streak of 9 appearances
South Whidbey (27) – 4 trophies
Mount Baker (27) – 2 titles but hasn't appeared since 2005
STREAKING – to state every year
Capital (no trophies), King's, Bellarmine Prep,

Camas (11) –
King's (10) -
Bellarmine Prep (8) –
Shadle Park (8) –
Bellingham (8) –
Interlake (8) –
White Pass/ Morton (8) -

90's East Valley-Spokane (47)
90's Chelan (46)
00's Saint George's (46)
00's Snohomish (45)
90's South Whidbey (44)
00's Newport-Bellevue (43)
00's Riverside (42)
90's Lakewood (42)
80's Carrol (41)

ALL-TIME GREATEST COMBINED PROGRAMS

- 1) **Mead (303 points)** - 47 State appearances, 16 titles, 37 trophies, 11 individual titles, 74 podium placers.
- 2) **Omak (226)** - 50 State appearances, 11 titles, 30 trophies, 4 individual titles, 55 podium placers.
- 3) **Joel Ferris (202)** - 34 State appearances, 10 titles, 28 trophies, 7 individual titles, 65 podium placers.
- 3) **Gig Harbor (202)** - 55 State appearances, 7 titles, 25 trophies, 6 individual titles, 48 podium placers.
- 5) **Bishop Blanchet (193)** - 63 State appearances, 8 titles, 23 trophies, 6 individual titles, 39 podium placers.
- 6) **King's (191)** - 40 State appearances, 11 titles, 22 trophies, 7 individual titles, 57 podium placers.
- 7) **Edmonds-Woodway (190)** - 47 State appearances, 12 titles, 20 trophies, 2 individual titles, 41 podium placers.
- 8) **Saint George's (187)** - 37 State appearances, 8 titles, 25 trophies, 4 individual titles, 48 podium placers.
- 9) **Riverside (186)** - 51 appearances, 5 titles, 27 trophies, 0 individual titles, 31 podium placers.
- 10) **Eisenhower (181)** - 42 appearances, 7 titles, 22 trophies, 2 individual titles, 49 podium placers
- 11) **Mount Baker (178)** - 47 State appearances, 8 titles, 22 trophies, 4 individual titles, 48 podium placers.
- 12) **Snohomish (167)** - 51 State appearances, 6 titles, 20 trophies, 3 individual titles, 44 podium placers.
- 13) **Sehome (155)** - 30 State appearances, 9 titles, 17 trophies, 7 individual titles, 39 podium placers

TOP 40 COMBINED PROGRAMS:

- | | |
|-----------------------------|----------------------------|
| 14) North Central 148 | 28) East Valley-Yakima 107 |
| 15) Chelan 146 | 29) Columbia River 103 |
| 16) Seattle Prep 138 | 30) Ephrata 102 |
| 17) Lakeside-Seattle 132 | 31) Issaquah 100 |
| 17) South Whidbey 132 | 32) University 93 |
| 19) Richland 131 | 33) Burlington Edison 92 |
| 20) Newport-Bellevue 124 | 33) Cashmere 92 |
| 21) NW Christian Lacey 123 | 35) Curtis 87 |
| 21) Bellarmine Prep 123 | 36) West Valley Yakima 84 |
| 23) West Valley-Spokane 117 | 36) East Valley Spokane 84 |
| 23) Selah 117 | 38) Shorecrest 82 |
| 25) Montesano 113 | 39) Shadle Park 81 |
| 26) Lakeside 9 Mile 110 | 40) Lynnwood 78 |
| 27) Lakewood 109 | |

BEST COMBINED PROGRAMS BY DIVISION

(Teams placed in current division, regardless of where the points were earned)

4A

- | | |
|----------------------------|--------------------------------|
| 1) Mead 303pts +0 | 14) Lewis & Clark 72 +3 |
| 2) Joel Ferris 202 +0 | 15) Olympia 68 +0 |
| 2) Gig Harbor 202 +10 | 16) Rogers (Spokane) 58 +0 |
| 4) Edmonds-Woodway 190 +0 | 17) South Kitsap 57 +1 |
| 5) Eisenhower 181 +8 | 18) Kennewick 55 +0 |
| 6) Snohomish 167 +1 | 19) Mount Rainier +0 |
| 7) Richland 131 +0 | 20) Puyallup 48 +2 |
| 8) Newport-Bellevue 124 +0 | 21) Eastlake 42 +0 |
| 9) Bellarmine Prep 123 +8 | 22) Wilson 40 +0 |
| 10) Issaquah 100 +1 | 23) Marysville-Pillchuck 39 +0 |
| 11) Curtis 87 +0 | 24) Central Valley 38 +2 |
| 12) Tahoma 76 +11 | 25) Stanwood 37 +1 |
| 13) Redmond 75 +6 | 25) Henry Jackson 37 +6 |

3A

- | | |
|------------------------------|-------------------------|
| 1) Bishop Blanchet 193pts +1 | 13) Bellevue 62 +3 |
| 2) North Central 148 +10 | 14) Capital 52 +2 |
| 3) Seattle Prep 138 +8 | 15) Kelso 52 +0 |
| 4) Lakeside-Seattle 132 +2 | 16) Mount Spokane 51 +2 |
| 5) Columbia River 103 +1 | 17) Everett 43 +0 |
| 6) University 93 +0 | 18) Mount Vernon 42 +0 |
| 7) West Valley-Yakima 84 +0 | 19) Sammamish 38 +0 |
| 8) Shorecrest 82 +0 | 20) Peninsula 37 +5 |
| 9) Shadle Park 81 +1 | 21) Franklin 36 +0 |
| 10) Lynnwood 78 +0 | 22) Oak Harbor 35 +1 |
| 11) Mercer Island 72 +1 | 23) Eastmont 35 +0 |
| 12) Nathan Hale 66 +1 | 24) Enumclaw 35 +1 |

2A

- 1) Mount Baker 178pts +0
- 2) Sehome 155 +14
- 3) South Whidbey 132 +0
- 4) West Valley-Spokane 117 +0
- 5) Selah 117 +3
- 6) Lakewood 109 +0
- 7) East Valley-Yakima 107 +0
- 8) Ephrata 102 +1
- 9) Burlington-Edison 92 +0
- 10) East Valley Spokane 84 +2
- 11) Cedarcrest/Tolt 75 +2
- 12) Squalicum 72 +0

- 13) Bellingham 58 +3
- 14) Cheney 57 +11
- 15) Renton 56 +1
- 16) Tumwater 51 +1
- 17) Lindbergh 44 +11
- 18) Wapato 36 +0
- 18) Centralia 36 +1
- 20) Port Angeles 33 +0
- 21) Washougal 31 +0
- 22) North Kitsap 29 +1
- 23) Anacortes 27 +0
- 24) Interlake 26 +6

1A

- 1) Omak 226pts +1
- 2) King's 191 +8
- 3) Riverside 186 +7
- 4) Chelan 146 +1
- 5) Montesano 113 +2
- 6) Lakeside-9 mile 110 +20
- 6) Cashmere 92 +2
- 8) Charles Wright 64 +3
- 9) Port Townsend 62 +0
- 10) La Center 56 +2
- 11) Tonasket 55 +0
- 12) Castle Rock 55 +1

- 13) Colville 48 +7
- 14) Bellevue Christian 46 +0
- 15) Lynden Christian 44 +2
- 16) Chewelah 44 +0
- 17) Freeman 43 +0
- 18) Ilwaco 37 +0
- 19) Newport 34 +0
- 20) Zillah 32 +2
- 21) Naches 31 +0
- 22) Nooksack Valley 30 +1
- 23) Connell 26 +0
- 24) Seattle Academy 25 +0

B

- 1) Saint George's 187pts +0
- 2) Northwest Christian-Lacey 123 +17
- 3) Seattle Lutheran 75 +0
- 4) Northwest Christian-Colbert 66 +0
- 5) Carroll 60 +0
- 5) Reardon 54 +7
- 6) White Pass 53 +4
- 7) Pomeroy 44 +1
- 8) Liberty Bell 41 +1
- 9) Lake Roosevelt 35 +0
- 10) Colfax 28 +0
- 11) Tri-Cities Prep 24 +11

- 12) Republic 22 +3
- 13) Asotin 20 +6
- 14) Warden 18 +0
- 15) Mary Walker 17 +0
- 16) Trout Lake/ Glenwood 15 +0
- 17) Ocosta 12 +0
- 18) Odessa 11 +0
- 18) Valley Christian 11 +0
- 18) Wahkiakum 11 +0
- 18) South Bend 11 +0
- 18) Wilbur Creston 11 +0
- 18) Bear Creek 11 +1

BEST COMBINED PROGRAMS BY DECADE:

- 00's King's (136 points)
- 90's Omak (132)
- 80's Edmonds (122)
- 90's Mead (121)
- 00's Sehome (106)
- 90's Saint George's (101)
- 00's NW Chr. Lacey (91)
- 00's Saint George's (82)
- 00's Mead (78)
- 90's Chelan (78)
- 70's Selah (77)
- 00's East Valley-Yakima (68)
- 00's North Central (67)
- 00's Ferris (66)
- 90's Bishop Blanchet (64)
- 00's Squalicum (64)

- 00's Gig Harbor (63)
- 00's Seattle Prep (61)
- 80's Issaquah (60)
- 90's Lakewood (60)
- 80's Mount Baker (60)
- 90's University (58)
- 90's Eisenhower (58)
- 00's Bishop Blanchet (57)
- 00's Riverside (56)
- 00's Snohomish (53)
- 80's Carrol (53)
- 70's Richland (52)
- 60's Snohomish (52)
- 90's East Valley-Spokane (52)
- 90's South Whidbey (51)
- 80's Bishop Blanchet (47)

MOST TEAM STATE TITLES

BOYS:

Mead 15 - last win was 2008
Bishop Blanchet 8 – last was 2004
Joel Ferris 8 – last was 2009
Edmonds-Woodway 7 – last was 1990
Omak 7 – last was 1999
North Central 6 – last was 2011
Lakeside 9 Mile Falls 6 – last was 2011

Richland 5 – last was 1974
Curtis 4 – last was 1974
King's 4 – last was 2002
Chelan 4 – last was 1997
Burlington Edison 4 – last was 2009
9 tied with 3 titles with Sehome 2010 the most recent.

GIRLS:

King's 7 – last won in 2009
Sehome 6 – last was 2010
NW Chr. Lacey 6 – last was 2011
Eisenhower 5 – last was 2010
Edmonds-Woodway 5 – last was 1987
Saint George's 5 – last was 2000
Mount Baker 5 – last was 2001
Newport (Bellevue) 5 – last was 2007

Gig Harbor 5 – last was 2007
Chelan 4 – last was 1997
Snohomish 4 – last was 2003
Omak 4 – last was 1998
Bellarmine Prep 4 – last was 2004
East Valley Spokane 4 – last was 1997
7 tied with 3 titles with the last being Riverside 2010

COMBINED PROGRAMS STATE TEAM TITLES:

Mead 16 – 15 boys, 1 girls
Edmonds-Woodway 12 – 7 boys, 5 girls
Omak 11 – 7 boys, 4 girls
King's 11 – 4 boys, 7 girls
Joel Ferris 10 – 8 boys, 2 girls
Sehome 9 – 3 boys, 6 girls
Mount Baker 8 – 3 boys, 5 girls
Bishop Blanchet 8 – 8 boys, 0 girls
Chelan 8 – 4 boys, 4 girls
NW Chr. Lacey 8 – 2 boys, 6 girls
Saint George's 8 – 3 boys, 5 girls

Eisenhower 7 – 2 boys, 5 girls
Gig Harbor 7 – 2 boys, 5 girls
North Central 7 – 6 boys, 1 girls
Lakeside 9 mile 7 – 6 boys, 1 girls
Snohomish 6 – 2 boys, 4 girls
East Valley Yakima 6 – 3 boys, 3 girls
Richland 6 – 5 boys, 1 girls
Newport Bellevue 5 – 0 boys, 5 girls
Lynnwood 5 – 2 boys, 3 girls
Riverside 5 – 2 boys, 3 girls
9 tied with 4 titles

LONGEST TITLE STREAKS

Three legendary programs had streaks of 5 years coming into 2011. Two of them extended their streaks. With 6 consecutive titles, Northwest Christian Lacey girls and North Central boys extend their legend. Both teams return most of their runners in 2012 so another year added to their streaks seem likely. The once untouchable streak of 9 by Mead suddenly seems within reach.

Mead boys 9 (1988-1996)
NW Christian Lacey girls 6 (2006-2011)
North Central boys 6 (2006-2011)
Richland boys 5 (1970-1974)
Sehome girls 5 (2006-2010)
East Valley (Spokane) girls 4 (1994-1997)
King's boys 4 (1999-2002)
Ferris boys 4 (2003-2006)
King's girls 4 (2006-2009)

MOST STATE TROPHIES: 1st through 4th place teams earn State Trophies

BOYS: Mead by far.

Mead (26) last was 2008
Joel Ferris (22) last was 2010
Bishop Blanchet (17) last was 2004
Seattle Prep (17) last was 2011
Omak (16) last was 1999
North Central (16) last was 2011
Richland (13) last was 1995
Saint George's (11) last was 2007
Edmonds-Woodway (11) last was 1990

West Valley-Spokane (11) last was 2006
Lakewood (11) last was 2009
Burlington Edison (11) last was 2009
Gig Harbor (11) last was 2011
King's (11) two in a row
Montesano (10) last was 1988
Northwest Christian Lacey (10) 6 in a row
Lakeside 9 Mile (10) 8 in a row
6 tied at 9 with Sehome 2011 the most recent

GIRLS: New leader.

Riverside (18) 2 in a row
Mount Baker (17) last was 2002
Gig Harbor (14) last was 2009
Saint George's (14) last was 2009
Omak (14) last was 2010
Bellarmine Prep (14) last was 2011
South Whidbey (13) last was 2003
Chelan (13) last was 2009
Eisenhower (13) last was 2010

COMBINED:

Mead (37) 26 boys, 11 girls
Omak (30) 16 boys, 14 girls
Joel Ferris (28) 22 boys, 6 girls
Riverside (27) 9 boys, 18 girls
Saint George's (25) 11 boys, 14 girls
Gig Harbor (25) 11 boys, 14 girls
Bishop Blanchet (23) 17 boys, 6 girls
Mount Baker (22) 5 boys, 17 girls
Eisenhower (22) 9 boys, 13 girls
King's (22) 11 boys, 11 girls
Edmonds-Woodway (20) 11 boys, 9 girls
Snohomish (20) 8 boys, 12 girls

MOST STATE APPEARANCES

BOYS:

Blanchet 45 – 34 in a row
Edmonds-Woodway 32 - not since 2005
Columbia River 31 – 4 in a row
Snohomish 29 – not since 2007
Mead 29 – not since 2008
Omak 29 – 1st since 2000
Ferris 28 – not since 2010
Gig Harbor 28 – 7 in a row

GIRLS:

Bellarmino Prep 32 – 15 in a row
Gig Harbor 27 – 8 year streak ends
Riverside 27 – 7 year streak
Mount Baker 26 – not since 2004
Lakeside (Seattle) 26 – 3 year streak
Eisenhower 25 – 3 years in a row
South Whidbey 24 – not since 2007
Kelso 22 – not since 2007

COMBINED:

Blanchet 63 – 45 boys, 18 girls
Gig Harbor 55 – 28 boys, 27 girls
Columbia River 52 – 31 boys, 21 girls
Lakeside (Seattle) 52 – 26 boys, 26 girls
Snohomish 51 – 29 boys, 22 girls
Riverside 51 – 24 boys, 27 girls
Omak 50 – 29 boys, 21 girls
Kelso 48 – 26 boys, 22 girls
Edmonds-Woodway 47 – 32 boys, 15 girls
Mount Baker 47 – 21 boys, 26 girls

Snohomish (12) last was 2007
Lakeside-Seattle (12) last was 2007
Mead (11) last was 1998
King's (11) 6 in a row
Edmonds Woodway (9) last was 1988
Newport Bellevue (9) last was 2007
Northwest Christian Lacey (8) 6 in a row
Sehome (8) 6 in a row

Seattle Prep (20) 17 boys, 3 girls
Chelan (19) 6 boys, 13 girls
South Whidbey (18) 5 boys, 13 girls
NW Christian Lacey (18) 10 boys, 8 girls
Richland (17) 13 boys, 4 girls
Sehome (17) 9 boys, 8 girls
North Central (17) 16 boys, 1 girls
Lakeside Seattle (16) 4 boys, 12 girls
Bellarmine Prep (15) 1 boys, 14 girls
Lakewood (15) 11 boys, 4 girls
West Valley Spokane (15) 11 boys, 4 girls

Seattle Prep 27 – 10 in a row
Kelso 26 – not since 2006
Lakewood 26 – not since 2009
Renton 26 – back after 3 year absence
Lakeside (Seattle) 26 – back after 5 year absence
Nathan Hale 26 – 2 in a row
Puyallup 26 – 2 in a row
Montesano 25 – 2 in a row

Chelan 22 – back after 1 year absence
Snohomish 22 – back after 2 year absence
Columbia River 21 – not since 2009
Olympia 21 – not since 2009
Omak 21 – 2 year streak ends
Capital 21 – 12 year streak
Mercer Island 20 – 2 year streak
Ephrata 20 – 9 year streak

Mead 47 – 29 boys, 18 girls
Olympia 45 – 24 boys, 21 girls
Bellarmine Prep 45 – 13 boys, 32 girls
Montesano 44 – 25 boys, 19 girls
Capital 43 – 22 boys, 21 girls
Eisenhower 41 – 16 boys, 25 girls
Seattle Prep 41 – 27 boys, 14 girls
King's 40 – 24 boys, 16 girls
Puyallup 40 – 26 boys, 14 girls

MOST STATE APPEARANCES BY DIVISION

Boys 4A

Edmonds Woodway – 32
Snohomish – 29
Mead – 29
Gig Harbor – 28
Joel Ferris – 28
Puyallup – 26
Olympia – 24

Richland – 24
Curtis – 22
Wilson – 21
Newport Bellevue – 20
Redmond – 19
Mount Rainier – 19
South Kitsap – 18

Tahoma – 17
Eisenhower – 16
Issaquah – 16
Lewis & Clark – 14
Kent-Meridian – 14

Boys 3A

Bishop Blanchet – 45
Columbia River – 31
Seattle Prep – 27
Lakeside Seattle – 26
Kelso – 26
Nathan Hale – 26
Bellevue – 24

Odeia – 24
Capital – 22
North Central – 22
Shorecrest – 20
West Valley Yakima – 18
Mount Vernon – 18
Mercer Island – 16

University – 16
Lynnwood – 15
Hazen – 15
Oak Harbor – 14
Highline – 14
Shelton – 14

Boys 2A

Lakewood – 26
Renton – 26
Burlington Edison – 22
Mount Baker – 21
West Valley Spokane – 21
Tumwater – 20
Selah – 19

Sehome – 16
Wapato – 16
Cheney – 16
East Valley Yakima – 16
South Whidbey – 15
Cedarcrest – 15
Lindbergh – 15

East Valley Spokane – 15
Ellensburg – 15
Ephrata – 14
Bellingham – 14
Washougal – 14
Interlake – 14

Boys 1A

Omak – 29
Montesano – 25
King's – 24
Riverside – 24
Port Townsend – 19
Castle Rock – 17

Cashmere – 16
LaCenter – 16
Connell – 16
Chelan – 15
Tonasket – 15
Lakeside 9 mile – 14

Ilwaco – 14
Bellevue Christian – 13
Rochester – 13
Lynden Christian – 12
Colville – 12

Boys B

Northwest Christian Colbert - 20
Saint George's – 20
Seattle Lutheran – 15
Lake Roosevelt – 14

Northwest Christian Lacey – 12
Colfax – 12
White Pass / Morton - 11

MOST STATE APPEARANCES BY DIVISION

Girls 4A

Bellarmino Prep – 32
Gig Harbor – 27
Eisenhower – 25
Snohomish – 22
Olympia – 21
Newport Bellevue – 19
Redmond – 19

Issaquah – 19
Mead – 18
South Kitsap – 18
Tahoma – 18
Edmonds Woodway – 15
Federal Way – 15
Puyallup – 14

Stanwood – 14
Curtis – 12
Richland – 11
Central Valley – 11
Cascade Everett – 11
Kentrige – 10
Thomas Jefferson - 10

Girls 3A

Lakeside Seattle – 26
Kelso – 22
Columbia River – 21
Capital – 21
Mercer Island – 20
Bishop Blanchet – 18
Enumclaw – 15

Seattle Prep – 14
Mount Rainier – 13
Hanford – 13
West Valley Yakima – 12
Lynnwood – 12
Eastmont – 12
Shorecrest – 11

Nathan Hale – 10
Camas – 10
Bellevue – 9
Oak Harbor – 9
Penninsula – 9
Shorewood – 9
Kennedy - 9

Girls 2A

Mount Baker – 26
South Whidbey – 24
Ephrata – 20
West Valley Spokane – 18
Tumwater – 17
Selah – 16
North Kitsap – 15

Sehome – 14
Cedarcrest – 14
Lakewood – 13
Renton – 12
Lindbergh – 12
Wapato – 10
Bellingham – 10

East Valley Spokane - 9
Port Angeles – 8
Squalicum – 8
Sequim – 8
Deer Park – 8
Cheney - 7

Girls 1A

Riverside – 27
Chelan – 22
Omak – 21
Montesano – 19
King's – 16
Lynden Christian – 14
Cashmere – 12

LaCenter – 12
Bellevue Christian – 12
Vashon Island – 11
Zillah – 11
Port Townsend – 10
Lakeside 9 mile – 9
Ilwaco – 9

Newport – 9
Tenino – 9
Cle Elum Roselyn – 9
Hoquiam – 8
Freeman – 7
Meridian – 7
Nooksack Valley - 7

Girls B

Saint Georges – 17
Seattle Lutheran – 12
White Pass Morton – 12
Northwest Christian Lacey – 9

Carroll – 8
Asotin – 8
Northwest Christian Colbert – 7
Lake Roosevelt - 7

LONGEST STATE APPEARANCE STREAKS

Blanchet boys 34 (1978-2011)
Lakewood boys 26 (1984-2009)
Lakeside (Seattle) girls 21 (1977-1997)
Gig Harbor boys 20 (1982-2001)
Mead boys 21 (1988-2008)
Nathan Hale boys 16 (1963-1978)
South Whidbey girls 16 (1989-2004)

South Kitsap girls 16 (1989-2004)
King's boys 16 (1991-2006)
Newport-Bellevue girls 15 (1994-2008)
Bellarmine Prep girls 15 (1997-2011)
Eisenhower girls 12 (1994-2005)
Blanchet girls 11 (1990-2000)
King's girls 12 (2000-2011)

TEAMS WITH MOST INDIVIDUAL STATE CHAMPIONS

BOYS

Mead – 11
Joel Ferris – 6
Bishop Blanchet – 5
Selah – 5
Sehome – 5
Lynnwood – 4
Carroll – 4

King's – 4
NW Christian Lacey – 4
Omak – 3
Gig Harbor – 3
Shadle Park – 3
Columbia River – 3
Seattle Prep – 3

Charles Wright – 3
Henry Jackson – 3
Davenport – 3
White River – 3
Redmond – 3
Lewis & Clark – 3

GIRLS

Lakeside Seattle – 5
West Valley Spokane – 4
Shadle Park – 4
Bellevue – 4
Northwest – 4

Bellarmine Prep – 4
King's – 3
NW Chr. Colbert – 3
Colfax – 3
Bellevue Chr. – 3

Freeman – 3
Goldendale – 3
Gig Harbor – 3
Saint George's – 3

COMBINED

Mead – 11
Joel Ferris – 7
Shadle Park – 7
Sehome – 7
King's – 7
Lakeside Seattle – 6
Carroll – 6
Bishop Blanchet – 6
Gig Harbor – 6

Selah – 6
Lewis & Clark – 5
Freeman – 5
Lynnwood – 5
NW Christian Lacey – 5
Bellarmine Prep – 4
Bellevue – 4
West Valley Spokane – 4
Northwest – 4

Saint George's – 4
Lakes – 4
Mount Baker – 4
Ephrata – 4
Seattle Prep – 4
Omak – 4
Charles Wright – 4

TEAMS WITH MOST INDIVIDUAL PODIUM PLACES

BOYS

Mead – 56	Burlington Edison – 24	Saint George's – 20
Joel Ferris – 49	Lewis & Clark – 23	Edmonds Woodway – 19
North Central – 37	Eisenhower – 21	Northwest Chr. Colbert – 19
Bishop Blanchet – 34	Selah – 20	Rogers Spokane – 18
King's – 28	Sehome – 20	East Valley Yakima – 18
Snohomish – 25	Shadle Park – 20	West Valley Spok. – 18
Omak – 25	Columbia River – 20	Seattle Prep - 18
Gig Harbor – 25	Port Townsend - 20	

GIRLS

Mount Baker – 32	Edmonds Woodway – 22	Northwest Christian Lacey – 17
Omak – 31	NW Chr. Colbert – 21	West Valley Spokane – 17
Bellarmino Prep – 29	Snohomish – 19	Joel Ferris – 16
King's – 29	Sehome – 19	Riverside – 16
Saint George's – 28	Carroll – 18	Ephrata – 16
Eisenhower – 28	South Whidbey – 18	Bellevue Chr. - 16
Lakeside Seattle – 24	Mead – 18	
Gig Harbor – 23	Shadle Park – 17	

COMBINED

Mead – 74	Gig Harbor – 48	West Valley Spokane – 35
Joel Ferris – 65	Snohomish – 44	Selah – 35
King's – 57	Edmonds Woodway – 41	Lakeside Seattle – 34
Omak – 56	Northwest Chr. Colbert – 40	Bellarmino Prep – 33
Eisenhower – 49	Bishop Blanchet – 39	Riverside – 31
Mount Baker – 48	Sehome – 39	Burlington Edison – 29
North Central – 48	Shadle Park – 37	
Saint George's – 48	Lewis & Clark – 36	

TEAMS WITH MOST INDIVIDUAL PODIUM PLACES BY DIVISION

BOYS

4A

Mead – 56	Rogers Spokane – 18	Mariner – 11
Joel Ferris – 49	Richland – 17	Henry Jackson - 11
Snohomish – 25	Kennewick – 14	Davis - 10
Gig Harbor – 25	Curtis – 13	Auburn Riverside – 8
Lewis & Clark – 23	Redmond – 12	Skyline – 8
Eisenhower - 21	Issaquah – 11	Wilson – 8
Edmonds Woodway – 19	Evergreen Seattle – 11	Ballard - 8

3A

North Central – 37	Lynnwood – 13	Oak Harbor – 9
Bishop Blanchet – 34	O'Dea – 12	Mount Rainier – 8
Columbia River – 20	Kelso - 11	Meadowdale – 8
Shadle Park – 20	Shelton – 11	Penninsula – 8
Seattle Prep – 18	Mercer Island - 10	Hazen – 8
Nathan Hale – 17	Lakeside (Seattle) – 10	Shoreline – 8
University - 17	Bellevue – 10	Ingraham – 8
Shorecrest – 15	Lakes - 10	Frankline – 8
Mt Spokane - 13	Mt Vernon – 9	

2A

Burlington Edison – 24	Lakewood – 14	Anacortes – 10
Selah – 20	Ellensburg – 13	Tumwater – 9
Sehome – 20	Renton – 13	Lindbergh – 9
East Valley Yakima – 18	Wapato – 12	Cheney - 9
West Valley Spokane – 18	East Valley (Spokane) - 11	South Whidbey - 9
Mount Baker – 16	Bellingham - 10	Squalicum – 8
Cedarcrest – 15	Ephrata – 10	Clover Park - 8

1A

King's - 28
Omak - 25
Port Townsend - 20
Cashmere - 17
Charles Wright - 17
Montesano - 16
Lakeside 9 Mile Falls - 16
Colville - 16

Riverside - 15
Chelan - 15
Ilwaco - 15
Castle Rock - 14
Rochester - 12
Chewelah - 11
Royal - 11
Tonasket - 11

Newport - 10
Onalaska - 10
Hoquiam - 8
Ridgefield - 8
Seattle Academy - 8
Freeman - 7

B

Saint George's - 20
NW Chr. Colbert - 19
Colfax - 16
Northwest Chr. Lacey - 15
Lake Roosevelt - 13

Odessa - 11
Reardan - 10
Seattle Lutheran - 9
Carroll - 9
Republic - 8

Davenport - 8
Pomeroy - 7
Valley Christian - 7
Tacoma Baptist - 7

GIRLS INDIVIDUAL PODIUM PLACES

4A

Bellarmino Prep - 29
Eisenhower - 28
Gig Harbor - 23
Edmonds Woodway - 22
Snohomish - 19
Mead - 18
Joel Ferris - 16

Newport Bellevue - 14
Davis - 13
Lewis & Clark - 13
Redmond - 12
Battle Ground - 11
South Kitsap - 10
Mount Rainier - 10

Olympia - 10
Rogers (Spokane) - 9
Walla Walla - 9
Issaquah - 8
Stanwood - 7
Kennewick - 7
Central Valley - 7

3A

Lakeside Seattle - 24
Shadle Park - 17
West Valley Yakima - 15
Bellevue - 11
Lynnwood - 11
North Central - 11
Shorecrest - 10

Seattle Prep - 10
Kelso - 9
Eastmont - 9
Peninsula - 9
Kamiakin - 9
Shorewood - 9
Hanford - 8

Columbia River - 8
Glacier Peak - 8
Capital - 8
Holy Names - 8
Mercer Island - 7
Sammamish - 7

2A

Mount Baker - 32
Sehome - 19
South Whidbey - 18
West Valley Spokane - 17
Ephrata - 16

Selah - 15
East Valley (Spokane) - 13
Deer Park - 12
Lakewood - 12
Cedarcrest / Tolt - 11

Squaticum - 10
Kingston - 9
North Kitsap - 8
Hockinson - 8

1A

Omak - 31
King's - 29
Riverside - 16
Bellevue Chr. - 16
Riverside - 15
Lakeside (9 Mile) - 13

Cashmere - 12
Chelan - 11
Vashon Island - 10
Port Townsend - 9
Orting - 9
Connell - 8

Charles Wright - 8
Colville - 8
Freeman - 8
Montesano - 8
Bush - 8

B

Saint George's - 28
NW Chr. Colbert - 21
Carroll - 18
NW Chr. Lacey - 17
Colfax - 9

White Pass Morton - 8
Valley Christian - 7
Trout Lake / Glenwood - 7
Mosseyrock - 7
Seattle Lutheran - 6

COMBINED INDIVIDUAL PODIUM PLACES

4A

Mead – 74	Bellarmine Prep – 33	Issaquah - 19
Joel Ferris – 65	Rogers Spokane – 27	Mount Rainier – 18
Eisenhower – 49	Redmond – 24	Battle Ground – 17
Gig Harbor – 48	Richland – 23	Curtis – 17
Snohomish – 44	Davis – 23	Walla Walla – 15
Edmonds Woodway – 41	Kennewick – 21	Tahoma – 13
Lewis & Clark – 36	Newport (Bellevue) – 19	

3A

North Central – 48	Lynnwood – 24	Mercer Island – 17
Bishop Blanchet – 39	University – 23	Penninsula – 17
Shadle Park – 37	West Valley Yakima – 22	Eastmont – 14
Lakeside Seattle – 34	Bellevue – 21	Hanford – 14
Columbia River – 28	Kelso - 20	Lakes – 14
Seattle Prep – 28	Nathan Hale – 19	Meadowdale – 14
Shorecrest – 25	Mount Spokane – 18	

2A

Mount Baker – 48	Lakewood – 26	Anacortes – 16
Sehome – 39	Cedarcrest Tolt – 26	Bellingham – 16
Selah – 35	East Valley Spokane – 24	Wapato - 16
West Valley Spokane – 35	East Valley Yakima – 23	Renton – 16
Burlington Edison – 29	Squalicum – 18	Lindbergh – 15
South Whidbey – 27	Ellensburg – 18	Interlake – 15
Ephrata – 26	Deer Park – 17	

1A

King's – 57	Charles Wright – 25	Freeman - 15
Omak – 56	Montesano – 24	Chewelah – 14
Riverside – 31	Colville – 24	Castle Rock – 14
Lakeside 9 Mile Falls – 29	Ilwaco – 22	Connell – 13
Port Townsend – 29	Bellevue Chr. – 19	Hoquiam – 13
Cashmere – 29	Vashon Island – 17	Newport - 13
Chelan – 26	Tonasket – 17	

B

Saint George's – 48	Odessa – 14	Tacoma Baptist – 11
NW Chr. Colbert – 40	Valley Chr. – 14	Davenport – 11
NW Chr. Lacey – 32	Reardan – 13	Liberty Bell – 11
Carroll – 27	Pomeroy – 12	Mary Walker – 9
Colfax – 25	Trout Lake / Glenwood – 12	Pateros – 8
Lake Roosevelt – 18	Mosseyrock – 12	Republic – 8
Seattle Lutheran – 15	White Pass Morton – 12	

LOWEST BOYS' TEAM SCORES BY DIVISION check this

4A BOYS

20 – Mead, 1992 AAA	43 – Mead, 1990 AAA
28 – Mead, 1991 AAA	45 – Lewis & Clark, 1966 2A, 26 teams
29 – Snohomish, 1965 2A, 26 teams	46 – University, 1997 4A
31 – Mead, 1993 AAA	46 – Mead, 1994 3A
31 – Curtis, 1965 1A, 22 teams	46 – Ferris, 2004 4A
34 – Mead, 1996 AAA	46 – Kennewick, 1979 3A
41 – Mead, 1989 AAA	48 – University, 1998 4A
41 – Snohomish, 1963 1A, 26 teams	48 – Snohomish, 1964 1A, 33 teams
42 – Ferris, 2004 4A	50 – Edmonds Woodway, 1990 3A
43 – Mead, 1988 AAA	

3A BOYS

23 – Rogers Spokane, 1963 2A, 25 teams
24 – North Central, 2008 3A
24 – Rogers Spokane, 1965 3A, 33 teams
27 – Franklin, 1964 2A, 32 teams
30 – Evergreen Seattle, 1963 1A, 26 teams
34 – Nathan Hale, 1966 3A 28 teams
35 – Mercer Island, 1962 1A, 23 teams
36 – North Central, 2007 3A
36 – Shadle Park, 1963 2A, 25 teams
37 – Shadle Park, 1962 2A, 23 teams
42 – Ingraham, 1962 2A, 23 teams

2A BOYS

46 – Wapato, 1966 1A, 25 teams
47 – Selah, 1979 2A
49 – Selah, 1977 2A
53 – Burlington Edison, 1965 1A, 22 teams
55 – Burlington Edison, 2006 2A
57 – Riverside, 1983 1A
57 – Burlington Edison, 2009 2A

1A BOYS

31 - Charles Wright, 2004 1A, 8 teams
37 - King's, 2001 1A/B, 16 teams
38 – Castle Rock, 1982 1A 12 teams
39 - Seattle Academy, 2005 1A, 8 teams
41 - Chelan, 1997 1A/B, 16 teams
45 – Lakeside 9 Mile, 2006 1A, 16 teams

B BOYS

28 – Saint George's, 1993 B, 8 teams
31 - Saint George's, 2007 B, 8 teams
34 – NW Chr. Colbert, 1994 B, 7 teams
36 - Saint George's, 2006 B, 8 teams
37 – Saint George's, 1994 B, 7 teams
46 – Reardan, 2004 B, 8 teams
47 – Seattle Lutheran, 1993 B, 8 teams

LOWEST GIRLS' TEAM SCORES BY DIVISION

4A GIRLS

31 - Snohomish, 2003 4A,
43 – Edmonds, 1985 AA
45 – Ferris, 1991 3A
45 – Newport Bellevue, 1974 2A, 7 teams
46 – Shoreline, 1973 2A, 7 teams
47 – Edmonds, 1983 2A
51 – Issaquah, 1987 3A

3A GIRLS

41 – Glacier Peak, 2010 3A
52 – Bellarmine Prep, 1979 3A
58 – Lynnwood, 1989 2A
58 – Camas, 2011 3A
59 – East Valley Spokane, 1997 3A
59 – Shadle Park, 2009 3A
60 – Glacier Peak, 2011 3A

43 – Tyee, 1976 AA
43 – Columbia River, 1964 1A, 33 teams
43 – North Central, 2010 3A
46 – Seattle Prep, 1966 1A, 25 teams
47 – North Central, 2009 3A
49 – Lynnwood, 1994 2A
50 – Seattle Prep, 1972 2A
53 – Rogers Spokane, 1962 2A, 23 teams
54 – Blanchet, 1984 3A
54 – Shorecrest, 1984 2A
54 – Ingraham, 1961 10 teams

61 – Sehome, 2005 3A
63 – Burlington Edison, 2007 2A
63 – Sehome, 2007 2A
64 – Lakewood, 1989 1A
64 – Ephrata, 1987 1A
65 – Riverside, 2001 2A

47 – Omak, 1991 1A, 16 teams
47 – Lakeside 9 Mile, 1998 1A, 8 teams
49 – Lakeside 9 Mile, 1997 2A, 8 teams
54 – King's, 1999 1A, 16 teams
56 – Omak, 1990 1A, 16 teams

47 – Seattle Lutheran, 1992 B, 6 teams
47 – Bridgeport Mansfield, 1993 B, 8 teams
49 – Reardan, 2005 B, 8 teams
41 – Mary Walker, 1994 B, 7 teams
50 – Seattle Lutheran, 1994 B, 7 teams
52 – NW Chr. Lacey, 2008 B, 16 teams

58 – Edmonds, 1984 2A
60 – Cental Valley, 1982 3A
66 – Newport Bellevue, 2007 3A
67 – South Kitsap, 1997 4A
68 – Newport Bellevue, 1999 3A
68 – Eisenhower, 1994 3A

61 – Chief Sealth, 1975
64 – Bellarmine Prep, 1977 3A
65 – West Valley Yakima, 2005 3A
65 – Lynnwood, 1988 2A
66 – Lakeside Seattle, 1991 2A
67 – Lakeside Seattle, 1982 2A
69 – East Valley Spokane, 1994 2A

2A GIRLS

35 – Mount Baker, 1978 1A, 7 teams
41 – Selah, 1974, 10 teams
42 - Washougal, 1986 1A
44 – Ephrata, 1997 2A, 8 teams
44 – Ephrata, 1984 1A
45 – West Valley Spokane, 1986 2A
51 – Newport, 1997 2A, 8 teams
51 – East Valley Yakima, 2002 2A, 8 teams
52 – Mount Baker, 2000 2A, 8 teams

52 – Mount Baker, 1999 2A, 8 teams
55 – Riverside, 1987 1A
57 – South Whidbey, 2002 2A, 8 teams
57 – Sehome, 2009 2A
58 – East Valley Yakima, 2003 2A, 8 teams
59 – East Valley Yakima, 2004 3A
60 – Mount Baker, 2001 2A, 8 teams
61 – Sehome, 2002 3A

1A GIRLS

34 - Lakewood, 1993 A, 15 teams
35 – Bellevue Chr., 1973 1A, 4 teams
36 - King's, 2001 1A/B, 8 teams
38 - Chelan, 1997 1A/B, 8 teams
38 - Omak, 1998 2A, 8 teams
41 - Carroll, 1981 A/B, 12 teams

42 - Omak, 1993 A, 15 teams
43 – King's, 2002 1A/B, 8 teams
49 – King's, 2008 1A, 16 teams
56 – Chelan, 1990 1A, 16 teams
59 – Lakeside 9 mile, 2011 1A

B GIRLS

18 - Saint George's, 1993 B, 6 teams
19 - Saint George's, 1994 B, 7 teams
20 - Carroll, 1982 A/B, 11 teams
28 – NW Chr. Lacey, 2009 B, 8 teams
30 – NW Chr. Lacey, 2011 B 8 teams
31 - Saint George's, 1999 1A/B, 8 teams
34 - Carroll, 1983 A/B, 12 teams

34 - NW Christian (Lac), 2007 B, 8 teams
35 - Seattle Lutheran, 1993 B, 6 teams
36 - Saint George's, 1998 1A/B, 8 teams
41 – Carroll, 1981 1A, 12 teams
42 - Pomeroy, 1991 B, 5 teams
43 – Mary Walker, 1994 B, 7 teams

TEAM TITLES BY COACH:

BOYS TITLES BY COACH:

Pat Tyson (Shorecrest/Mead) - 14	- Shorecrest 1984'85, Mead 1988-96, 2000'11'02
Russ Brantner (Omak) – 7	- 1971'72'90'91'93'94'99
Tom Campbell (Edmonds) – 7	- 1975'82'83'86'87'88'90
Leo Genest (Bishop Blanchet) – 6	- 1983'84'86'91'92'01
Jon Knight (North Central) – 6	- 2006'07'08'09'10'11
Mike Hadway (Ferris) - 5	- 2003'04'05'06'09
Rod Wilcox (King's) – 4	- 1999'00'01'02
Steve Olson (Lakeside-Spokane) -4	- 2006'08'10'11

GIRLS TITLES BY COACH:

Phil English (Carroll/Eisenhower) – 8	- Carroll 1981'82'83, Eisenhower 1989,'94,'99,'00'10
Rod Wilcox (King's) – 7	- 2001'02'03'06'07'08'09
Mark Kerr (Sehome) – 6	- 2002'06'07'08'09'10
Tom Campbell (Edmonds) – 5	- 1976'83'84'85'87
Dan Parker (Snohomish, Glacier Peak) – 5	- Snohomish 1995'96'02'03, Glacier Peak 2010
Russ Brantner (Omak) – 4	- 1992'95'96'98
Bill Kehoe (NW Christian) – 4	- 2006'07'08'09
Mark Anderson (Chelan) – 4	- 1988'89'90'97
Ross Thomas (St. George's) – 4	- 1994'98'99'00
Nick Lazanis (East Valley Spokane) – 4	- 1994'95'96'97

MOST COMBINED TITLES BY COACH:

Pat Tyson (Shorecrest/Mead) - 14 - 14 boys, 0 girls
Tom Campbell (Edmonds) – 12- 7 boys, 5 girls
Phil English (Carroll/Eisenhower) – 11- 3 boys, 8 girls
Russ Brantner (Omak) – 11- 7 boys, 4 girls
Rod Wilcox (King's) – 11- 4 boys, 7 girls
Mark Kerr (Sehome) – 9- 3 boys, 6 girls
Bill Kehoe (NW Christian) – 6- 2 boys, 4 girls
Pete Steiner (East Valley Yakima) – 6- 3 boys, 3 girls

Leo Genest (Bishop Blanchet) – 6 - 6 boys
Jon Knight (North Central) – 6- 6 boys
Mark Anderson (Chelan) – 5- 1 boys, 4 girls
Ernie Goshorn (Lynnwood) – 5- 2 boys, 3 girls
Mike Hadaway (Ferris) – 5- 5 boys
Jim Freeman (Mount Baker) – 5- 3 boys, 2 girls
Dan Parker (Snohomish, Glacier Peak) – 5- 0 boys, 5 girls
Steve Olson (Lakeside-Spokane) – 5- 4 boys, 1 girls

OTHER NOTABLE FACTS AND FIGURES

TYSON COMES AND TYSON GOES

The biggest underlying story is the fact that the legendary **Mead** boys' team, who had dominated the 4A ranks for 20 years (1988-2008) has not qualified a team to state since 2008. Of course those years coincide with the appearance of Pat Tyson. Who ever said that a coach doesn't make a difference in XC?

OUT OF NO WHERE AND BACK

Nooksack Valley boys' team went from not making it to state in 2008 to State Champions in 2009 then back to not qualifying in 2010. Add to that that they did not even qualify an individual to state in 2010. I hope the traveling trophy made it to Pasco.

University boys' team placed 2nd in 2010 after an eight year absence but then did not qualify a team to state in 2011.

THEY CAN THROW A PARTY BUT CAN'T DANCE.

Pasco is the greatly appreciated host of the state meet but their boys or girls have never scored.

WELCOME BACK IN A BIG WAY.

Shadle Park girls won in 2009 after a 6 year absence.

Northwest Christian-Colbert girls placed 3rd in 2009 after a 10 year absence.

FREQUENTLY A BRIDE.

Shadle Park won the first boys' State championship in 1959. Three years later in 1962 the Highlanders became the first team to win a second title. **Richland** (1972, 1973 and 1974) was the first boys' team to win 3, 4 and 5 titles. **Edmonds-Woodway's** ten titles between 1982 and 1990 made them the first school to win 6, 7, 8, 9, 10, 11 and 12 titles. Then **Mead** (2001, 2002 and 2007) became the first boys' team to win 13, 14 and 15 championships.

Shoreline (now Shorewood) and **Bellevue Christian** won the first girls' State championships in 1973 but have never repeated. **Bellarmino Prep** and **Mount Baker** both won repeat titles in 1977 and 1978 to be the first girls' teams to 2 titles. In 1979 **Bellarmino Prep** three-peated to be the first girls team to 3 titles. **Edmonds-Woodway** won their fourth title in 1985 and 5th in 1987 to be the first to 4 and 5. **King's** girls won their 6th title in 2008 and 7th in 2009 to hold the current record of titles and be the first girls team to both 6 and 7.

PERFECTION.

The **Chief Sealth** girls first competed at State in 1975, and finished 1st of 15 teams. The girls' championship that year did not separate by classification. The Lady Seahawks have not returned to State since, making them the only team -- boys or girls -- to have a perfect record at State.

INDIVIDUAL PERFECTION.

Few individuals have been on 4 state championship teams. Obviously it is hard for a freshman to make a state championship team. In 2010 three teams (**Sehome's** girls, **North Central's** boys and **NW Chr. Lacey's** girls) extended their title streaks to five in a row. However none of them had an individual on the last four years of their streaks. In 2011 two teams extended their title streaks to 6 years in a row. One runner, Elizabeth Weber from NW Christian Lacey was the only one who joined the list of 4 perfect years. While North Central did not have a runner make all four title teams, they did win state with no seniors at all. Look for North Central to be the big favorites in 2012.

Nothing but success – **Sehome's** Annie Moore not only won 4 team titles but placed individually on the podium from 06-09. During Mead's 9 year boys' title streak, no individual ran all four years at state.

2 boys and 8 girls have accomplished the feat. The honored few are;

Randy Rice-Richland 70-73

Cara Smith-East Valley Spokane 94-97

Ann Marie Adams-East Valley Spokane 94-97

Brandon Thompson-King's 99-02

Adele Eslinger-King's 06-09

Morgan Hamm-King's 06-09

Makenzie Taylor-King's 06-09

Annie Moore-Sehome 06-09 **

Ashlee Giesman-NW Christian Lacey 06-09

Elizabeth Weber-NW Christian Lacey 08-11

POST RACE NOTES

2008 Burlington-Edison's win over Sehome marks the sixth time in State history that two teams have been tied for first through five runners. The 1966 race didn't seek to break the tie, and both teams were declared champions.

The greatest contest ever has to be the 1993 A boys race, with three teams finishing within one point, and the deciding sixth place runners just 6 seconds apart.

1966 Div 1 - Seattle Prep 46, Wapato 46

1986 AA boys - Edmonds 79 (sixth 31), Gig Harbor 79 (sixth 57)

1993 A boys - Omak 91 (sixth 46), Riverside 91 (sixth 50), Chewelah 92

2000 2A boys - East Valley (Yakima) 113 (sixth 69), South Whidbey 113 (sixth 87)

2004 4A girls - Bellarmine Prep 84 (sixth 57), Gig Harbor 84 (sixth 67)

Other State championships have been decided by three points or fewer.

1-Point Difference

1959 - Shadle Park 98, Wenatchee 99

1961 - Lewis & Clark 53, Ingraham 54

1967 AA - Franklin 144, Highline 145

1970 A - Columbia River 125, Mead 126

1973 AA girls - Shoreline girls 46, Snohomish girls 47

1979 AA girls - Centralia 97, Selah 98

1991 A girls - Lakewood 53, South Whidbey 54

1991 B boys - Pomeroy 54, Saint George's 55

1999 4A boys - University 81, Mount Spokane 82

2005 3A girls - West Valley (Yakima) 65, Squalicum 66

2005 B boys - Reardan 49, Saint George's 50

2008 4A girls - Eastlake 96, Gig Harbor 97

2011 2A boys - Lindbergh 112, Sehome 113

2-Point Difference

1979 A boys - Colfax 117, Montesano 119

1987 AA girls - Edmonds 101, Hanford 103

1988 AAA girls - Mead 70, Eisenhower 72

1992 B girls - Seattle Lutheran 50, Saint George's 52

1998 4A girls - Marysville-Pilchuck 127, Shadle Park 129

1999 3A boys - Lakeside (Seattle) 108, Seattle Prep 110

2009 2A boys - Sehome 57, Kingston 59

2011 3A girls - Camas 58, Glacier Peak 60

3-Point Difference

1984 AAA boys - Blanchet 54, Redmond 57

1991 B girls - Pomeroy 42, Seattle Lutheran 45

1994 B boys - Northwest Christian (Colbert) 34, Saint George's 37

1999 2A boys - Omak 71, East Valley (Yakima) 74

2004 3A girls - Squalicum 106, Newport (Bellevue) 109

2007 B girls - Northwest Chr.(Lacey) 34, Saint George's 37

Largest Margins of Victory by Division (listed in winning school's present division)

4A Boys

110 points - 1992 3A Mead 20, Richland 130

90 - 1991 3A boys Mead 28, Redmond 118

90 - 1974 2A boys Curtis 53, Cleveland 143

85 - 1971 3A boys Richland 63, Ferris 148

79 - 1976 3A boys Mead 73, Nathan Hale 152

75 - 1994 3A boys Mead 46, Richland 121

72 - 1988 3A boys Mead 43, Ferris 115

71 - 1993 3A boys Mead 31, Kennewick 102

68 - 1998 4A boys University 48, Mead 116

68 - 1990 3A boys Mead 43, University 111

68 - 1989 3A boys Mead 41, University 109

67 - 1965 3A boys Rogers(Spok) 24, Garfield 91

60 - 1985 3A boys Redmond 51, Sammamish 111

53 - 1987 3A boys Eisenhower 105, North Central 158

52 - 1996 3A boys Mead 34, University 86

51 - 1968 2A boys Ferris 61, Snohomish 112

47 - 1979 3A boys Kennewick 46, North Central 93

46 - 2004 4A boys Joel Ferris 46, Mead 92

41 - 1978 3A boys Kennewick 71, North Central 112

32 - 2009 4A boys Ferris 68, Henry Jackson 100

3A Boys

89 - 1991 2A boys Blanchet 60, Bellingham 149

74 - 2007 3A boys North Central 36, Seattle Prep 110

74 - 1986 3A boys Blanchet 87, Lakes 161

71 - 2009 3A boys North Central 47, Peninsula 118

57 - 1966 3A boys Nathan Hale 34, Shorecrest 91

56 - 2010 3A boys North Central 43, University 99

55 - 1977 3A boys North Central 69, Mead 124

50 - 2008 3A boys North Central 24, Seattle Prep 74

50 - 1972 2A boys Seattle Prep 50, East Bremerton 100

49 - 1973 2A boys Curtis 72, Pullman 131

2A Boys

52 – 1967 1A boys Burlington-Edison 71, East Valley(Spok) 123
49 – 1977 2A boys Selah 49, Glacier 98
49 – 1968 1A boys WF West 99, Mead 148
48 – 1978 2A boys Selah 69, Peninsula 117
38 – 2001 2A boys Riverside 65, Naches 103
28 – 2009 2A boys Burlington Edison 57, Sehome 85

1A Boys

95 – 1982 A/B boys Castle Rock 38, Tonasket 133
87 – 1997 A/B boys Chelan 41, LaCenter 129
78 – 1999 A/B boys King's 54, Liberty Bell 132
68 – 1972 1A boys Omak 60, Montesano 128
61 – 1991 1A boys Omak 47, Riverside 108
56 – 2002 2A boys Naches 81, Ephrata 137
53 – 2006 1A boys Lakeside(9 mile falls) 45, King's 98
50 – 2001 A/B boys King's 37, Liberty Bell 87
42 – 2004 1A boys Charles Wright 31, Seattle Academy 73
41 – 1984 A/B boys Cashmere 58, Montesano 99

B Boys

42 – 2007 B boys Saint George's 31, NW Christian Lacey 73
35 – 1998 A boys Liberty Bell 68, Saint George's 103
33 – 2011 B boys Tri-Cities Prep 56, NW Christian Lacey 89
25 – 2008 B boys NW Christian Lacey 52, Reardan 77

4A Girls

61 – 1991 3A girls Joel Ferris 45, University 106
54 – 2003 4A girls Snohomish 31, Bellarmine Prep 85
49 – 2000 3A girls Newport 77, Bishop Blanchet 126
49 – 1977 3A girls Bellarmine 64, Shorecrest 113
47 – 1999 3A girls Newport(Bell) 68, Eastmont 115
44 – 1978 2A girls Olympia 91, Ferndale 135
41 – 1992 3A girls University 79, Mead 120
39 – 1986 3A girls Issaquah 86, Mead 125
38 – 1997 4A girls South Kitsap 67, Eisenhower 105
34 – 2005 4A girls Gig Harbor 73, Mt. Spokane 107
25 – 1999 4A girls Eisenhower 73, Marysville-Pilchuck 98
24 – 2009 4A girls Eastlake 100, Tahoma 124

3A Girls

66 – 2010 3A girls Glacier Peak 41, Shadle Park 107
54 – 1988 2A girls Lynnwood 65, Edmonds 119
40 – 1975 3A girls Sealth 61, Edmonds 101
28 – 1996 2A girls East Valley Spokane 81, South Whidbey 109
26 – 1997 3A girls East Valley Spokane 58, Newport Bellevue 85

2A Girls

63 – 2003 3A girls Squalicum 66, West Valley(Yak) 129
62 – 1984 A/B girls Ephrata 44, Mount Baker 106
53 – 2004 2A girls East Valley(Yak) 59, King's 112
51 – 2006 3A girls Squalicum 80, Mount Spokane 131
44 – 1986 A/B girls Washougal 42, Lynden Chr. 86
34 – 2010 2A girls Sehome 86, Cheney 120
29 – 2000 A girls Mt Baker 52, Riverside 81
28 – 2005 2A girls Riverside 110, Port Townsend 138

1A Girls

89 – 2004 A/B girls Zillah 58, Cedar Park Chr. 147
49 – 2003 1A girls King's 48, Warden 97
47 – 1982 A/B girls Carroll 20, Mount Baker 67
45 – 2002 A/B girls King's 45, Freeman 88
42 – 1997 A/B girls Chelan 38, Saint George's 80
37 – 1996 A/B girls Omak 53, Chelan 90
37 – 1982 2A girls Lakeside 67, East Valley(Spok) 104
33 – 2001 A girls King's 36, Wellpinit 69
33 – 1998 2A girls Omak 38, Riverside 71
31 – 2009 1A girls King's 49, LaCenter 80
29 – 2006 1A girls King's 73, Chelan 102
29 – 2005 1A girls Charles Wright 77, Zillah 106
27 – 2009 1A girls King's 83, LaCenter 110
27 – 2011 1A girls Lakeside 59, Riverside 86

B Girls

64 – 2011 B girls NW Christian Lacey 30, Reardan 94
58 – 2009 B girls NW Christian Lacey 28, White Pass 86
51 – 1999 A/B girls Saint George's 31, Wahkiakum 82
29 – 1998 A/B Saint George's 36, Chelan 65
25 – 2000 B girls Saint George's 56, King's 81
22 – 2010 B girls NW Christian Lacey 44, NW Christian Colbert 66
22 – 2006 B girls NW Christian Lacey 54, St. George's 76

THE GREATEST PERFORMANCES IN WASHINGTON CROSS COUNTRY STATE CHAMPIONSHIP HISTORY SINCE 1988.

Considering the course, venue and distance changes; it is too arguable to compare all years. Since the change to a 5K course in 1997, course changes are minimal and allow for a comparison with few arguments. Ok we all know the course was longer than 5K from about 2001-2009 but will still compare the course history as if it has been exactly 5K all along.

BEST BOYS TEAM PERFORMANCES SINCE 1997 (The 5K Years)

AVERAGE TEAM

15:36	08 North Central 3A 1 st	16:03	04 Mead 4A 2 ND	16:13	97 University 4A 1 ST
15:45	09 North Central 3A 1 st	16:03	04 Eisenhower 4A 3 RD	16:14	05 Joel Ferris 4A 1 ST
15:47	10 North Central 3A 1 st	16:03	09 Henry Jackson 4A 2 nd	16:14	10 University 3A 2 nd
15:47.8	11 North Central 3A 1st	16:03.1	11 Bellevue 3A 4th	16:14.2	11 Henry Jackson 4A 3rd
15:48.4	11 Gig Harbor 4A 1st	16:05	10 Eisenhower 4A 1 st	16:15	03 Eisenhower 4A 2 ND
15:50	98 University 4A 1 ST	16:05	01 Mead 4A 1 ST	16:15	09 Issaquah 4A 3 rd
15:52	04 Joel Ferris 4A 1 ST	16:08	08 Mead 4A 1 st	16:16	09 Eisenhower 4A 4 th
15:52	09 Joel Ferris 4A 1 st	16:09	03 Joel Ferris 4A 1 ST	16:16	09 Lewis & Clark 4A 5 th
15:53.8	11 Kamiakin 3A 3 rd	16:10	08 Henry Jackson 4A 2 nd	16:17	02 Mead 4A 1 ST
15:54.0	11 Seattle Prep 3A 2nd	16:10	08 Joel Ferris 4A 3 rd	16:17	98 Mead 4A 2 ND
15:55.2	11 Eisenhower 4A 2nd	16:11	03 Mead 4A 3 RD	16:18	04 Aub-Riverside 4A 4 TH
16:00.8	11 Mt Spokane 3A 5th	16:11	10 Joel Ferris 4A 4 th	16:19	05 Mead 4A 2 ND
16:02	08 Seattle Prep 3A 2 nd	16:11	01 Mt. Spokane 4A 2 ND	16:19	08 Redmond 4A 4 th
16:02	10 Lewis & Clark 4A 2 nd	16:12	06 Joel Ferris 4A 1 ST	16:19.4	10 Sehome 2A 1 st
16:02.1	11 Wenatchee 4A 4th	16:12	10 AuburnRiverside 4A3 rd		

BEST BOYS TEAM PERFORMANCES BY DIVISION SINCE 1997

4A BOYS

AVERAGE TEAM

15:48.4	11 Gig Harbor 1st	16:11	01 Mt. Spokane 2 ND	16:21	09 Auburn Riverside 6 th
15:50	98 University 1 ST	16:11	10 Joel Ferris 4 th	16:22	06 Mead 2 nd
15:52	04 Joel Ferris 1 ST	16:12	06 Joel Ferris 1 ST	16:22	08 Skyline 5 th
15:52	09 Joel Ferris 1 st	16:12	10 Auburn Riverside 3 rd	16:23	99 Mt. Spokane 2 ND
15:55.2	11 Eisenhower 2nd	16:13	97 University 1 ST	16:23	99 Mead 3 RD
16:02	10 Lewis and Clark 2 nd	16:14	05 Joel Ferris 1 ST	16:23	98 Joel Ferris 4 TH
16:02.1	11 Wenatchee 4th	16:14.2	11 Henry Jackson 3rd	16:23	09 Redmond 7 th
16:03	04 Mead 2 ND	16:15	03 Eisenhower 2 ND	16:23.1	11 Central Valley 5th
16:03	04 Eisenhower 3 RD	16:15	09 Issaquah 3 rd	16:24	99 University 1 ST
16:03	09 Henry Jackson 2 nd	16:16	09 Eisenhower 4 th	16:25	09 Kamiakin 8 th
16:05	01 Mead 1 ST	16:16	09 Lewis & Clark 5 th	16:25	09 Gig Harbor 9 th
16:05	10 Eisenhower 1 st	16:17	02 Mead 1 ST	16:26	08 Eisenhower 6 th
16:08	08 Mead 1 st	16:17	98 Mead 2 ND	16:28.2	11 Garfield 6th
16:09	03 Joel Ferris 1 ST	16:18	04 Auburn-Riverside 4 TH	16:29	08 Gig Harbor 7 th
16:10	08 Henry Jackson 2 nd	16:19	05 Mead 2 ND	16:29	03 Mt. Spokane 4 TH
16:10	08 Joel Ferris 3 rd	16:19	08 Redmond 4 th	16:29	10 Gig Harbor 5 th
16:11	03 Mead 3 RD	16:21	98 Lewis & Clark 3 RD		

3A BOYS

15:36	08 North Central 1 st	16:25	07 North Central 1 ST	16:39	05 Sehome 1 ST
15:45	09 North Central 1 st	16:25	09 Mt. Spokane 5 th	16:39.6	11 Camas 6th
15:47	10 North Central 1 st	16:27	10 Bellevue 4 th	16:40	06 Seattle Prep 2 ND
15:47.8	11 North Central 1st	16:28	98 West Valley Yak 1 ST	16:40	03 Skyline 3 RD
15:53.8	11 Kamiakin 3rd	16:28	09 Seattle Prep 4 th	16:40	01 Bishop Blanchet 1 ST
15:54.0	11 Seattle Prep 2nd	16:30	08 Mercer Island 5 th	16:40	98 O'Dea 5 TH
16:00.8	11 Mount Spokane 5th	16:30	97 Capital 1 ST	16:41	98 East Valley Spok 4 TH
16:02	08 Seattle Prep 2 nd	16:30	10 Kamiakin 5 th	16:42	99 Seattle Prep 2 ND
16:03.1	11 Bellevue 4th	16:31	04 Seattle Prep 4 TH	16:42	08 Mt. Spokane 6 th
16:14	10 University 2 nd	16:31	99 Lakeside Seattle 1 ST	16:42.5	11 Nathan Hale 7th
16:20	04 Bishop Blanchet 1 ST	16:32	04 East Valley Spok 3 RD	16:42.8	11 Lakes 9th
16:21	04 North Central 2 ND	16:33	03 West Valley Yak 1 ST	16:43	98 Lakeside Seattle 6 TH
16:21	10 Seattle Prep 3 rd	16:33	98 Squalicum 2 ND	16:44	09 Bishop Blanchet 7 th
16:23	08 Lindbergh 4 th	16:33	97 Seattle Prep 2 ND	16:44	06 North Central 1 ST
16:24	08 Bellevue 3 rd	16:35	03 Seattle Prep 2 ND	16:44	10 Bishop Blanchett 6 th
16:24	09 Peninsula 2 nd	16:37	99 Eastmont 3 RD		
16:24	09 Bellevue 3 rd	16:37	09 Lindbergh 6 th		

2A BOYS

16:19.4	10 Sehome 1 st	16:48.6	11 Selah 4th	17:01.0	10 Interlake 8 th
16:25	09 Burlington Edison 1 st	16:49	08 Squalicum 3 rd	17:02	07 Burlington Edison 1 st
16:25.9	11 Sehome 2nd	16:49	09 Lakewood 4 th	17:02.7	10 Deer Park 11 th
16:27	08 Sehome 1 st	16:50.5	11 White River 11th	17:03	08 Selah 6 th
16:29	99 Omak 1 st	16:50.8	11 Interlake 9th	17:03	08 Lakewood 7 th
16:31	09 Sehome 2 nd	16:52	97 Lakeside (Spok) 1 st	17:03.1	11 Olympic 12th
16:31.1	11 Lindbergh 1st	16:52.0	10 Kingston 7 th	17:05.6	10 Cheney 12 th
16:31.2	11 Deer Park 3rd	16:53	98 Omak 2 nd	17:06	01 East Valley (Yak) 3 rd
16:32.7	10 Lindbergh 2 nd	16:53.4	11 Cheney 8th	17:07	99 Lynden Christian 6 th
16:34	08 Burlington-Edison 2 nd	16:54.3	10 Cedarcrest 6 th	17:07	09 Mark Morris 6 th
16:37	99 East Valley (Yak) 2 nd	16:55	98 Lakeside (Spok) 1 st	17:10.9	11 East Valley Spok 14th
16:37.0	10 Mark Morris 4 th	16:55	08 Riverside 5 th	17:11	99 Port Townsend 8 th
16:41	09 Squalicum 3 rd	16:55.3	11 Mark Morris 10th	17:11.6	10 Selah 14 th
16:42.5	10 Bellingham 3 rd	16:58	06 Burlington Edison 1 st	17:12	99 Naches 5 th
16:43.7	11 Squalicum 6th	16:59.1	10 W F West 10 th	17:12	98 East Valley (Yak) 3 rd
16:44.8	11 Ellensburg 5th	16:59.7	10 Ellensburg 9 th	17:12	08 Tumwater 9 th
16:46	99 South Whidbey 3 rd	17:00	07 Sehome 2 nd	17:12	09 Colville 7 th
16:46	11 Cedarcrest 7th	17:00	06 Sehome 2 nd	17:12.4	10 North Kitsap 15 th
16:46.6	10 Squalicum 5 th	17:00	99 Riverside 4 th	17:12.8	11 Renton 13th
16:47	01 Riverside 1 st	17:01	01 Naches 2 nd	17:13	97 East Valley (Yak) 2 nd
16:48	08 Cheney 4 th	17:01	09 Ellensburg 5 th		

1A BOYS

16:46	97 Chelan 1 st	17:12	11 Charles Wright 4th	17:29.3	10 La Center 5 th
16:49	04 Charles Wright 1 st	17:14	03 Charles Wright 1 st	17:30	98 Freeman 5 th
16:57.5	10 Lakeside-9 Mile 1 st	17:14.2	10 King's 4 th	17:31	07 Lakeside -9 Mile 2 nd
16:59	01 King's 1 st	17:15	06 Lakeside -9 Mile 1 st	17:31	09 Nooksack Valley 1 st
16:59	08 Lakeside-9 Mile 1 st	17:16	05 Seattle Academy 1 st	17:32	98 St. George's 2 nd
16:59	11 Lakeside 1st	17:19	07 Royal 1 st	17:33	03 King's 2 nd
17:00.8	10 Colville 2 nd	17:19	09 Port Townsend 2 nd	17:36	02 King's 1 st
17:02	11 Colville 2nd	17:20	05 Charles Wright 2 nd	17:37	98 Toledo 4 th
17:02	11 King's 3rd	17:24	04 Seattle Academy 2 nd	17:37	11 Lynden Christian 5th
17:05	08 Charles Wright 2 nd	17:24	98 Cashmere 3 rd	17:38	09 Seattle Christian 3 rd
17:08	99 King's 1 st	17:25	08 King's 3 rd	17:39	05 Ilwaco 3 rd
17:08	98 Liberty Bell 1 st	17:28	01 Liberty Bell 2 nd	17:39	04 Highland 3 rd
17:09.0	10 Charles Wright 3 rd	17:28.4	10 Lynden Christian 6 th	17:39	99 Liberty Bell 2 nd

B BOYS

17:10	11 Tri Cities Prep 1st	17:56	09 Republic 2 nd	18:20	09 Mosseyrock 3 rd
17:25.3	10 NW Chr. Lacey 3 rd	17:57	11 Davenport 3rd	18:21	09 Mt. Rainier Luth. 4 th
17:26.5	10 Tri Cities Prep 1 st	18:03	06 Reardan 2 nd	18:23	11 NW Chr. Colbert 6th
17:27	11 NW Chr. Lacey 2nd	18:06	08 Republic 3 rd	18:28	11 Mossyrock 7th
17:29	08 NW Chr. Lacey 1 st	18:10	11 Republic 4th	18:28.2	10 Saint George's 6 th
17:32.7	10 Republic 2 nd	18:11	04 NW Chr. Lacey 2 nd	18:29	11 Seattle Waldorf 8th
17:41	09 NW Chr. Lacey 1 st	18:12	08 Valley Chr. 5 th	18:31	08 Mt. Rainier Luth. 6 th
17:43.4	10 Davenport 4 th	18:12	11 Asotin 5th	18:33	07 NW Chr. Lacey 2 nd
17:47	08 Reardan 2 nd	18:13	04 Reardan 1 st	18:34	09 Tri-Cities Prep 5 th
17:49.1	10 Mt Rainier Luth. 5 th	18:16	05 Reardan 1 st	18:38	04 Odessa 3 rd
17:52	07 Saint George's 1 st	18:16	05 Saint George's 2 nd		
17:52	06 Saint George's 1 st	18:18	08 NW Chr. Colbert 4 th		

BEST INDIVIDUAL PERFORMANCES SINCE 1997

TIME	RUNNER	TIME	RUNNER
14:58.4	11 Anthony Armstrong – Kamiakin 3A 1st	15:16.9	10 Tyler King – Coupeville 1A 1 st
14:59.3	11 Nathan Weitz – Shadle Park 3A 2nd	15:18	99 Michael Kiter – Shadle Park 4A 1 st
15:03.0	11 Jacob Smith – Wenatchee 4A 1st	15:18	98 Ian Johnson – University 4A 1 st
15:05.9	11 Izaic Yorks – Lakes 3A 3rd	15:18	98 Sean Knapp – Gig Harbor 4A 2 nd
15:06	09 Shane Moskowitz – Central Kitsap 4A 1 st	15:18	08 Michael Miller – Mt. Rainier 3A 1 st
15:07.0	11 Andrew Gardner – Mead 4A 2nd	15:18	08 Mack Young – Redmond 4A 1 st
15:09.0	10 Kenji Bierig – Lewis and Clark 4A 1 st	15:18.5	11 Korey Krotzer – Auburn Riverside 4A 4th
15:10	98 Adam Tenforde – Hanford 3A 1 st	15:18.9	11 Wolfgang Beck – Gig Harbor 4A 5th
15:11.3	10 Nathan Weitz – Shadle Park 3A 1 st	15:20	09 Drew O'Donoghue – McDonald 3A 2 nd
15:13.5	11 Santos Vargas – Eisenhower 4A 3rd	15:20.4	10 Vince Hamilton – North Central 3A 2 nd
15:15	09 Ben Johnston – North Central 3A 1 st	15:21	08 Shane Moskowitz – Central Kitsap 4A 2 nd
		15:21.4	11 Joe Hardv – Seattle Pren 3A 4th

15:21.8 **11 Curtis King – Peninsula 3A 5th**
 15:22 09 Connor Peloquin – Gig Harbor 4A 2nd
 15:22.1 **11 Keith Williams – North Central 3A 6th**
 15:24 04 Kelly Spady – Kamiak 4A 1ST
 15:24 04 Robbie Barany – Eisenhower 4A 2ND
 15:24 03 Evan Garber – Mead 4A 1ST
 15:24 03 David Kinsella – Inglemoor 4A 2ND
 15:24.4 10 Anthony Armstrong – Kamiakin 3A 3rd
 15:24.4 **11 Nicholas Boersma – Wenatchee 4A 6th**
 15:24.7 10 Jeff Bastian – Glacier Peak 3A 4th
 15:25 03 Laef Barnes – Mead 4A 3RD

15:25 08 Andrew Kempel – North Central 2nd
 15:26.1 10 Andrew Gardner – Mead 4A 2nd
 15:26.1 **11 Hunter Johnson – Mt Spokane 3A 7th**
 15:27 08 Julian Blake Cowan – Auburn Riv. 4A 3rd
 15:28 09 Chris Borg – Peninsula 3A 3rd
 15:28.8 **11 Patrick Gibson – Squalicum 2A 1st**
 15:29 99 Matt Harriman – Omak 2A 1ST
 15:29 08 Andrew Gonzales – Southridge 4A 4th
 15:29 09 Alexander Avila – North Central 3A 4th
 15:29.7 **11 Sumner Goodwin–Lewis&Clark 4A 7th**

BEST INDIVIDUAL PERFORMANCES BY DIVISION SINCE 1997

4A BOYS

15:03.0 **11 Jacob Smith – Wenatchee 1st**
 15:06 09 Shane Moskowitz – Central Kitsap 1ST
 15:07.0 **11 Andrew Gardner – Mead 2nd**
 15:09.0 10 Kenji Bierig – Lewis and Clark 1st
 15:13.5 **11 Santos Vargas – Eisenhower 3rd**
 15:18 99 Michael Kiter – Shadle Park 1ST
 15:18 98 Ian Johnson – University 1ST
 15:18 98 Sean Knapp – Gig Harbor 2ND
 15:18 08 Mack Young – Redmond 1st
 15:18.5 **11 Korey Krotzer – Auburn Riverside 4th**
 15:18.9 **11 Wolfgang Beck – Gig Harbor 5th**
 15:21 08 Shane Moskowitz – Central Kitsap 2nd
 15:22 09 Conner Peloquin – Gig Harbor 2nd
 15:24 04 Kelly Spady – Kamiak 1ST
 15:24 04 Robbie Barany – Eisenhower 2ND
 15:24 03 Evan Garber – Mead 1ST
 15:24 03 David Kinsella – Inglemoor 2ND
 15:24.4 **11 Nicholas Boersma – Wenatchee 6th**
 15:25 03 Laef Barnes – Mead 3RD
 15:26.1 10 Andrew Gardner – Mead 2nd
 15:27 08 Julian Blake Cowan – Auburn Riv. 3rd
 15:29 08 Andrew Gonzales – Southridge 4th
 15:29.7 **11 Sumner Goodwin – Lewis and Clark 7th**
 15:30 03 Charles Cummings – Eisenhower 4TH
 15:30 01 Jesse Fayant – Mead 1ST
 15:30.9 10 Aaron Nelson – Walla Walla 3rd
 15:31 03 Justin Houck – Ferris 5TH
 15:31 09 Adam Thorne – Ferris 3rd
 15:32 01 Chris Lukezic – Auburn 2ND
 15:32 09 Kenji Bierig – Lewis & Clark 4th

15:32.2 10 Korey Krotzer – Auburn Riverside 4th
 15:33 98 Tom Becker – Mt. Spokane 3RD
 15:33 09 Tyler King – Oak Harbor 5th
 15:34 08 Kevin Rosaaen – Wilson 6th
 15:34.7 **11 Colby Gilbert – Skyview 8th**
 15:35 04 Charles Cummings – Eisenhower 3RD
 15:35.2 **11 Alex Kimsey – Joel Ferris 9th**
 15:36 02 Carl Moe – Auburn Riverside 1ST
 15:36.3 **11 Jaziel Rodriguez – Eisenhower 10th**
 15:37 01 Cameron Schwehr – Mt. Spokane 3RD
 15:37 09 Mack Young – Redmond 6th
 15:37.2 **11 Tristan Peloquin – Gig Harbor 11th**
 15:37.5 **11 Keegan Symmes – Skyline 12th**
 15:37.6 10 Alex Kimsey – Joel Ferris 5th
 15:37.7 **11 Joel Estelle – Lewis and Clark 13th**
 15:37.9 **11 JP Wolpert – Walla Walla 14th**
 15:38 04 Laef Barnes – Mead 4TH
 15:38 01 Tyler Campbell – Auburn 4TH
 15:38 03 Jeff Helmer – Jackson 6TH
 15:39 09 Timothy Cummings – Eisenhower 7th
 15:39 07 Miles Unterreiner – Gig Harbor 1ST
 15:40 05 Jeff Helmer – Jackson 1ST
 15:40 02 Rich Nelson – Shadle Park 2ND
 15:40 04 Ben Poffenroth – Joel Ferris 5TH
 15:40 10 Jacob Smith – Wenatchee 11th
 15:40.1 04 Derry Bettls – Edmonds Woodway 6TH
 15:41 09 Andrew Gardner – Mead 8th
 15:41 **11 Alex Bowns – Ballard 15th**
 15:42 99 Dale Fox – Shelton 2ND
 15:42.8 10 Nate Brennand – Olympia 7th

3A BOYS

14:58.4 **11 Anthony Armstrong – Kamiakin 1st**
 14:59.3 **11 Nathan Weitz – Shadle Park 2nd**
 15:05.9 **11 Izaic Yorks – Lakes 3rd**
 15:10 98 Adam Tenforde – Hanford 1ST
 15:11.3 10 Nathan Weitz – Shadle Park 1st
 15:15 09 Ben Johnston – North Central 1st
 15:18 08 Michael Miller – Mt. Rainier 1st
 15:20 09 Drew O'Donoghue-McDonald-Seattle Prep 2nd
 15:20.4 10 Vince Hamilton – North Central 2nd
 15:21.4 **11 Joe Hardy – Seattle Prep 4th**
 15:21.8 **11 Curtis King – Peninsula 5th**
 15:22.1 **11 Keith Williams – North Central 6th**
 15:24.4 10 Anthony Armstrong – Kamiakin 3rd
 15:24.7 10 Jeff Bastian – Glacier Peak 4th
 15:25 08 Andrew Kempel – North Central 2nd

15:26.1 **11 Hunter Johnson – Mt Spokane 7th**
 15:28 09 Chris Borg – Peninsula 3rd
 15:29 09 Alexander Avila – North Central 4th
 15:30 08 Jeff Howard – North Central 3rd
 15:30 09 Kyle Boe – Columbia River 5th
 15:31 09 Casey Adams – North Central 4th
 15:32 06 Max O'Donoghue-McDonald-Sea Prep 1ST
 15:32 98 Javon Broderick – O'Dea 2ND
 15:33.6 **11 Kai Wilmot – North Central 8th**
 15:34.8 10 Casey Adams – North Central 5th
 15:35 98 Dustin Duke – Jackson 3RD
 15:36 97 Dustin Duke – Jackson 1ST
 15:37 09 Allan Schroeder – Mt. Spokane 7th
 15:37.5 **11 Jake Hombel – University 9th**
 15:38.6 **11 Keenan Piper – Seattle Prep 10th**
 15:39 08 Ben Johnston – North Central 4th

15:40 08 Leon Dean – North Central 5th
 15:40 09 Joel Ambo – Bellevue 8th
 15:40 09 Michael Williams – Bellevue 9th
 15:42 98 Mike Kamm – Interlake 4TH
 15:42 08 Abraham Berhe – Ingraham 6th
 15:42 09 Steven Robinson – Bishop Blanchet 10th
 15:42.9 10 Aaron Elefson – Mercer Island 6th
15:42.9 11 John Fowler – Bellevue 11th
 15:43 08 Drew O'Donoghue-McDonald Sea Prep 7th
 15:43 08 Charlie McDonald – Sea Prep 8th
 15:44 98 Ben Koss – Capital 5TH
 15:45 04 Sam Ahlbeck – Lindbergh 1ST
 15:45 08 Allan Schroeder – Mount Spokane 9th
 15:45 04 Max O'Donoghue-McDonald-Sea Prep 2ND
 15:45 09 Abraham Berhe – Ingraham 11th
 15:45 09 Trevor Thompson – Lindbergh 12th
 15:46.3 10 Izaic Yorks – Lakes 7th
 15:47 08 Matt Miland – Lindbergh 10th
 15:47 08 Alex Avila – North Central 11th
 15:47 09 Nathan Weitz – Shadle Park 13th
 15:48 98 Jared Christianson – West Valley Yak 6TH
 15:48.7 10 Curtis King – Peninsula 8th
15:48.8 11 Ryan Long – Bellevue 12th
 15:49 09 Tabor Reedy – North Kitsap 14th
 15:49.0 10 Jon Smith – University 9th
15:49.8 11 John Dressel – Mt Spokane 13th
 15:50 01 Steve Mull – Bishop Blanchet 1ST
 15:50 98 Kevin Engelhardt – Highline 7TH

15:50 09 Hunter Johnson – Mt.Spokane 15th
 15:51 08 Kyle Boe – Columbia River 12th
 15:51 03 Brian Govier – Mercer Island 1ST
 15:51 99 Peter Furia – Lakeside Seattle 1ST
 15:51 98 Tomm Johnson – Squalicum 8TH
 15:51 98 Peter Furia – Lakeside Seattle 9TH
 15:51 97 Scott Johnson – Sammamish 2ND
15:51.6 11 Alec Temple – Capital 14th
 15:52 03 Connor Kilpatric – Seattle Prep 2ND
 15:52.2 10 Angelo Comeaux – Everett 10th
15:52.3 11 Brian Masterson – Lakeside 15th
 15:53 98 Jim Marlow – East Valley Spokane 10TH
 15:53.6 10 Steven Robinson – Bishop Blanchet 11th
15:53.9 11 Mathew Fry – University 16th
 15:54 08 Nathan Weitz – Shadle Park 13th
 15:54 05 Max ODonoghue-McDonald-Seattle Prep 1ST
15:54.3 11 Connor Jungkuntz – Ferndale 17th
 15:55 08 Trevor Thompson – Lindbergh 14th
 15:55 99 Fraser Kitchell – Lakeside Seattle 2ND
 15:55.2 10 Keith Williams – North Central 12th
 15:55.6 10 Andrew Wordell – North Central 13th
15:55.9 11 Sam Holland – North Central 18th
 15:56 04 Chris Ahl – Bishop Blanchet 3RD
 15:56 03 Woody Favinger – Sehome 3RD
 15:56 97 Ben Koss – Capital 3RD
 15:56.0 10 Hunter Johnson – Mount Spokane 14th
 15:57 99 Dan McLean – Kennedy 3RD
 15:57 97 Adam Tenforde – Hanford 4TH

2A BOYS

15:28.8 11 Patrick Gibson – Squalicum 1st
 15:29 99 Matt Harriman – Omak 1ST
 15:30.8 10 Scott Carlyle – Sehome 1st
 15:31.9 10 Dylan Croeni – Washougal 2nd
15:33.6 11 Poli Baltazar – Aberdeen 2nd
15:35.8 11 Marcus Dickson – White River 3rd
 15:39 98 Matt Harriman – Omak 1ST
 15:42.8 10 Conner Ballew – Archbishop Murphy 3rd
 15:43 01 Matt Owens – East Valley Yakima 1ST
15:43 11 Dayde Collins – Deer Park 4th
15:45.1 11 Conner Johnsen – Sehome 5th
15:45.6 11 Daniel Amann – Deer Park 6th
15:46.4 11 Jeffery Ott – Ellensburg 7th
 15:47 09 Scott Carlyle – Sehome 1st
 15:51 06 Jake Riley – Sehome 1ST
 15:51 99 Hendrick Kok – Lynden Christian 2ND
 15:52 09 Dakota Parker – W F West 2nd
 15:54 99 Ivan Bannon – Ilwaco 3RD
 15:55.6 10 Nicholas Schippers – Kingston 4th
 15:58.0 10 Chase Bussing – Mark Morris 5th
 15:58.4 10 Nate Starr – Mark Morris 6th
15:58.4 11 Kody Gould – White River 8th
15:58.9 11 Sean Eustis – Washougal 9th
 15:59 99 Jake Haskins – Port Townsend 4TH
15:59.2 11 Mitchell Montgomery – Cedarcrest 10th
 15:59.3 10 Dayde Collins – Deer Park 7th
 16:01 09 Tyler Williams – Burlington Edison 3rd
16:01.3 11 Reed Henderson – Scheme 11th
16:01.7 11 Sam Giner – Interlake 12th
 16:02 07 Justin Rose – Colville 1ST
 16:02.8 10 Dakota Parker – W F West 8th
 16:04 99 Braden Giswold – South Whidbey 5TH
16:04.3 11 Isaac Stinchfield – Washougal 13th

16:05.5 10 Nick Lobb – Bellingham 9th
 16:06 08 James Currell – Selah 1st
16:06.9 11 Logan Orndorf – Cedarcrest 14th
 16:08 08 Clinton Overman – Sehome 2nd
 16:08.5 10 Patrick Gibson – Squalicum 10th
 16:09 08 Todd Jackson – Elma 3rd
 16:09 08 Scott Carlyle – Sehome 4th
 16:10 08 Steven Acosta – Tumwater 5th
 16:10 08 Arick Zachman – Cheney 6th
 16:10.3 10 Jeffrey Ott – Ellensburg 11th
16:10.4 11 Sam Holeman – Archbishop Murphy 15th
 16:11 08 Justin Degenhardt – West Valley Spo 7th
16:11.4 11 Matthew Lutz – Olympic 16th
 16:13 09 Dylan Croeni – Washougal 4th
16:13.7 11 Dallas Snider – W F West 17th
 16:14 99 Owen Farcy - Vashon 6TH
 16:14 08 Tyler Williams – Burlington-Ed 8th
 16:14 09 Taylor Guske – Lakewood 5th
 16:14.6 10 David Elliott – Squalicum 12th
 16:15 08 Nick Devier – Lakewood 9th
 16:15.0 10 Marcus Dickson – White River 13th
 16:16 04 Eric Burck – Ephrata 1ST
 16:16 08 Joey Nyberg – Riverside 10th
 16:16 09 Antonio Morales – Burlington Edison 6th
 16:16 09 Danny Gibson – Squalicum 7th
16:16.8 11 Luke Garcia – Lindbergh 18th
 16:16.9 10 Luke Garcia – Lindbergh 14th
 16:17 99 Matt Owens – East Valley Yakima 7TH
 16:17 08 Connor Whan – Burlington-Ed. 11th
 16:18 99 Brett Hargrave – Washougal 8TH
 16:18 97 Mike Witt – Lakesdie 9 Mile Falls 1ST
16:18.4 11 Mark Garcia – Lindbergh 19th
16:18.8 11 Cody Edwards – East Valley Spo 20th

1A BOYS

15:16.9	10 Tyler King – Coupeville 1 st	16:13.7	10 Colton Hastings – Colville 6 th
15:38	03 Tom Wyatt – Charles Wright 1 ST	16:14	08 Josh Alexander – Lakeside Spo 4 th
15:44	11 Hap Emmons – King’s 1st	16:15	11 Biagia Pietroborgo – Colville 5th
15:47	98 John Russell – Freeman 1 ST	16:16	08 Max LeBerge – Charles Wright 5 th
15:47.5	10 Todd Jackson – Elma 2 nd	16:17	06 Rigoberto Jimenez – Royal 1 ST
15:50.4	10 Habtamu Rubio – Port Townsend 3 rd	16:18	07 Humberto Jimenez – Royal 1 ST
15:53.2	10 Hap Emmons – King’s 4 th	16:18	07 Rigoberto Jimenez – Royal 2 ND
15:55	11 David Goldstone – Charles Wright 2nd	16:18.9	10 Stephen Bottoms – Onalaska 7 th
15:56	08 Quinton Decker – Pt. Townsend 1 st	16:19	99 Jesse Klemish – Mary Walker 2 ND
15:59	03 Steven Vandenburg – NW Chr Colbert 2 ND	16:21.5	10 Ethan Tonnemaker – Royal 8 th
16:01	98 Phil Olson – Tacomas Baptist 2 ND	16:22	08 Seth Pierson – Cashmere 6 th
16:03.9	10 Bereket Piatt – Port Townsend 5 th	16:23	09 Habtamu Rubio – Port Townsend 2 nd
16:04	97 Ned Miller – Darrington 1 ST	16:24.3	10 Travis Hensley – Charles Wright 9 th
16:04	11 Ruben Riordan – Charles Wright 3rd	16:25	01 Adam Roe – King’s 2 ND
16:05	11 Stephen Bottoms – Onalaska 4th	16:25	97 Alberto Granado – Chelan 4 TH
16:07	97 Joey Hord – LaCenter 2 ND	16:26	02 Brandon Thompson – King’s 1 ST
16:08	99 Todd Arnold – Ocosta 1 ST	16:26	98 Seth Miller – Cashmere 4 TH
16:09	04 Alex Crabill – Charles Wright 1 ST	16:26	11 Mitch Beard – Nooksack Valley 6th
16:09	98 Todd Arnold – Ocosta 3 RD	16:27	01 William Smallwood – Wellpinit 3 RD
16:10	08 Bereket Piatt – Pt. Townsend 2 nd	16:27	97 Kelan McKeirnan – Pomeroy 6 TH
16:10	08 Alex Johnson – Seattle Aca. 3 rd	16:27	09 Max LeBerge – Charles Wright 3 rd
16:10	09 Bereket Piatt – Port Townsend 1 st	16:28	06 Humberto Jimenez – Royal 2 ND
16:12	01 Reid Carrel – Freeman 1 ST	16:28	97 Josh Palmanteer – Lake Roosevelt 7 TH
16:12	97 Ivan Bannon – Ilwaco 3 RD		

B BOYS

16:05.9	10 Justin Holden – NW Chr. Lacey 1 st	16:54.2	10 Ryan Zeller – Davenport 6 th
16:06.4	10 Maxwell Choka – St. George’s 2 nd	16:54.9	10 Nick Lumetta – Tri Cities Prep 7 th
16:12	08 Jeff Pope – Valley Chr. 1 st	16:56.0	10 Austin Telford – Davenport 8 th
16:17	11 Lucas Graham – NW Chr. Lacey 1st	16:59	11 Alex Ramm-Hutchinson–St. George’s 10th
16:24	11 Chase Teigen – Asotin 2nd	17:00	11 Ryan Zeller – Davenport 11th
16:25	09 Lucas Graham – NW Chr. Lacey 1 st	17:00.3	10 Cody Erickson – Liberty Spangle 9 th
16:32.4	10 Jon Bennett – Republic 3 rd	17:01	06 Brad Serdar – Reardan 1 st
16:33	11 Zack Speiker – Oroville 3rd	17:01	08 Justin Holden – NW Chr. Lacey 3 rd
16:37	11 Nick Lumetta – Tri Cities Prep 4th	17:01	08 Micah Cushman – NW Chr. Lacey 4 th
16:38	11 Stuart Smith – Seattle Waldorf 5th	17:03	04 Gabe Molinaro – NW Chr. Lacey 1 ST
16:40	07 Matt Cronrath – Odessa 1 ST	17:03	04 Brett Fowler – Asotin 2 ND
16:41	09 Justin Holden – NW Chr. Lacey 2 nd	17:04	06 Herschel Sanchez – Klickitat 2 ND
16:42	07 Jeff Pope – Valley Christian 2 nd	17:04	06 Jeff Pope – Valley Christian 3 RD
16:42	11 Skyler Larson – Tri Cities Prep 6th	17:04	11 Chandler Teigen – Asotin 12th
16:46.7	10 Seth Deal – Waitsburg-Prescott 4 th	17:05	08 Marcus Adkins – Reardan 5 th
16:51.1	11 Austin Telford – Davenport 7th	17:05	09 Nik Michel – Republic 3 rd
16:51.2	11 Liam Daily – Liberty Bell 8th	17:06	05 Brad Serdar – Reardan 1 ST
16:52	08 Scott Strang – Odessa 2 nd	17:07	07 Herschel Sanchez – Klickitat 3 rd
16:52.5	10 Lucas Graham – NW Chr. Lacey 5 th	17:07	09 Jon Bennett – Republic 4 th
16:53	11 Cody Erickson – Liberty Spangle 9th	17:07	11 Duncan Forsman – Republic 13th

BEST GIRLS TEAM PERFORMANCES SINCE 1997

AVERAGE	TEAM				
18:42.8	10 Glacier Peak 3A 1 st	19:16	09 Glacier Peak 3A 2 nd	19:22	03 BellarminePrep 4A 2 ND
18:48.1	11 Glacier Peak 3A 2nd	19:16.2	10 Eastlake 4A 2 nd	19:22	09 Kingstons 2A 2 nd
18:55.6	11 Camas 3A 1st	19:17	05 Gig Harbor 4A 1 ST	19:22	11 Schome 2A 2nd
19:04	03 Snohomish 4A 1 ST	19:17.6	10 Eisenhower 4A 1 st	19:23	99 Eisenhower 4A 1 ST
19:06	04 Bellarmine Prep 4A1 ST	19:19	11 Cheney 2A 1st	19:24	98 EastValley Spok3A2 ND
19:08.6	11 Tahoma 4A 1st	19:19.6	10 Shadle Park 3A 2 nd	19:25	98 Newport Bell 3A 1 ST
19:08.6	11 Redmond 4A 3rd	19:20	05 Mt. Spokane 4A 2 ND	19:27	09 Tahoma 4A 2 nd
19:11	09 Shadle Park 3A 1 st	19:21	04 Snohomish 4A 3 RD	19:28	08 Eastlake 4A 1 st
19:13.4	11 BellarminePrep 4A2nd	19:21	97 East ValleySpok 3A1 ST	19:28	99 Marysville Pil 4A 2 ND
19:14	04 Gig Harbor 4A 2 ND	19:21	09 Eastlake 4A 1 st	19:28	09 Gig Harbor 4A 4 th
19:16	08 Gig Harbor 4A 2 nd	19:21	09 Stanwood 4A 3 rd		

BEST GIRLS TEAM PERFORMANCES BY DIVISION SINCE 1997

4A GIRLS

AVERAGE TEAM

19:04	03 Snohomish 1 ST	19:23	99 Eisenhower 1 ST	19:38.9	11 Henry Jackson 6th
19:06	04 Bellarmine Prep 1 ST	19:25.1	11 Eisenhower 5th	19:39	98 Shadle Park 2 ND
19:08.6	11 Tahoma 1st	19:27	09 Tahoma 2 nd	19:41	06 Thomas Jefferson 2 ND
19:08.6	11 Redmond 3rd	19:28	08 Eastlake 1 st	19:41	05 Thomas Jefferson 3 RD
19:13.4	11 Bellarmine Prep 2nd	19:28	99 Marysville Pilchuck 2 nd	19:41	04 Thomas Jefferson 4 TH
19:14	04 Gig Harbor 2 ND	19:28	09 Gig Harbor 4 th	19:41	08 Stanwood 4 th
19:16	08 Gig Harbor 2 nd	19:28.5	10 Tahoma 3 rd	19:41	02 Snohomish 1 ST
19:16.2	10 Eastlake 2 nd	19:29	97 South Kitsap 1 ST	19:41.7	10 Skyview 6 th
19:17	05 Gig Harbor 1 ST	19:29.3	11 Lewis and Clark 4th	19:42	97 Lewis & Clark 3 RD
19:17.6	10 Eisenhower 1 st	19:34	01 North Central 1 ST	19:42	09 Eisenhower 7 th
19:20	05 Mt. Spokane 2 ND	19:34.5	10 Stanwood 4 th	19:43	02 Bellarmine Prep 2 ND
19:21	04 Snohomish 3 RD	19:37	99 South Kitsap 3 RD	19:43	08 Central Valley 3 rd
19:21	09 Eastlake 1 st	19:37	09 Bellarmine Prep 5 th	19:43	99 Gonzaga Prep 4 TH
19:21	09 Stanwood 3 rd	19:37	09 Redmond 6 th		
19:22	03 Bellarmine Prep 2 ND	19:38	06 Gig Harbor 1 ST		

3A GIRLS

18:42.8	10 Glacier Peak 1 st	19:39	08 Seattle Prep 2 nd	19:51.4	11 Lakeside 6th
18:48.1	11 Glacier Peak 2nd	19:40.7	10 Peninsula 5 th	19:52	97 Bishop Blanchet 3 rd
18:55.6	11 Camas 1st	19:41	05 West Valley (Yak) 1 st	19:52	02 Bellevue 2 nd
19:11	09 Shadle Park 1 st	19:41.8	10 Oak Harbor 3 rd	19:52	04 Bellevue 3 rd
19:16	09 Glacier Peak 2 nd	19:42.6	11 Prairie 5th	19:53	04 Newport Bellevue 2 nd
19:19.6	10 Shadle Park 2 nd	19:44	08 Columbia River 5 th	19:56	08 Hanford 6 th
19:21	97 East Valley (Spo) 1 st	19:45	98 Selah 3 rd	19:56	09 Columbia River 4 th
19:24	98 East Valley (Spo) 2 nd	19:45	05 Squalicum 2 nd	19:58	08 Glacier Peak 7 th
19:25	98 Newport Bellevue 1 st	19:46	08 Mt.Spokane 3 rd	19:58	06 Squalicum 1 st
19:29.4	11 Peninsula 3rd	19:48	02 Sehome 1 st	20:03	03 Squalicum 1 st
19:33.4	11 Kamiakin 4th	19:49	04 West Valley (Yak) 4 th	20:03	98 Issaquah 5 th
19:33.9	10 Kamiakin 4 th	19:49.8	11 Mercer Island 7th	20:03	09 North Kitsap 3 rd
19:37	08 Mercer Island 1 st	19:50	08 North Kitsap 4 th	20:04	99 Eastmont 2 ND
19:37	97 Newport Bellevue 2 nd	19:50	04 Squalicum 1 st		
19:38	99 Newport Bellevue 1 st	19:51	98 Bishop Blanchet 4 th		

2A GIRLS

19:19	11 Cheney 1st	20:05	99 Mount Baker 1 st	20:32	10 Cedarcrest 9 th
19:22	09 Kingston 2 nd	20:05	10 Kingston 7 th	20:33	02 East Valley Yakima 1 st
19:22	11 Sehome 2nd	20:06	08 Deer Park 5 th	20:34	98 Mount Baker 3 rd
19:34	08 Sehome 1 st	20:09	09 Cheney 4 th	20:35	07 Bellingham 2 nd
19:36	10 Sehome 1 st	20:11	11 Kingston 7th	20:37	08 Kingston 7 th
19:38	08 Cedarcrest 2 nd	20:13	11 Lindbergh 6th	20:38	08 Bellingham 8 th
19:41	09 Sehome 1 st	20:16	11 Bellingham 4th	20:39	98 Connell 4 th
19:46	08 Sequim 4 th	20:17	11 North Kitsap 8th	20:41	03 East Valley Yakima 1 st
19:47	10 Cheney 2 nd	20:19	11 Cedarcrest 5th	20:41	09 Deer Park 5 th
19:47	11 Interlake 3rd	20:21	97 Ephrata 1 st	20:42	09 Ephrata 7 th
19:49	08 Squalicum 3 rd	20:21	10 Lakewood 8 th	20:43	09 Bellingham 6 th
19:55	10 North Kitsap 5 th	20:24	08 Riverside 6 th	20:44	09 Riverside 8 th
19:57	10 Interlake 4 th	20:26	07 Sehome 1 st	20:44	11 East Valley Spok 10th
19:59	10 Bellingham 3 rd	20:26	04 East Valley Yakima 1 st	20:45	97 Newport 2 nd
20:00	98 Omak 1 st	20:26	99 Omak 2 nd	20:46	06 Sequim 4 th
20:01	01 Mount Baker 1 st	20:26	98 Riverside 2 nd	20:46	04 King's 2 nd
20:01	10 Lindbergh 6 th	20:26	11 Mark Morris 9th	20:48	06 Riverside 2 nd
20:04	09 Cedarcrest 3 rd	20:27	06 Sehome 1 st	20:49	10 Ephrata 10 th

1A GIRLS

19:44.5	11 Lakeside-9milefalls1st	21:06	10 Omak 3 rd	21:35	04 Cedar Park Chr. 2 nd
19:47.6	11 Northwest 3rd	21:07	02 King's 1 st	21:35	98 Lynden Christian 4 th
20:05.6	11 Riverside 2nd	21:09	06 King's 1 st	21:37	10 La Center 7 th
20:11.6	11 King's 4th	21:10	08 Chelan 3 rd	21:38.7	11 Lynden Christian 8th
20:23	08 King's 1 st	21:11	07 LaCenter 2 nd	21:45	06 Chelan 2 nd
20:30.5	11 Cashmere 5th	21:11	09 LaCenter 2 nd	21:45	10 Cedar Park Chri 6 th
20:32	98 Saint George's 1 st	21:11	09 Northwest 5 th	21:45.4	11 Montesano 9th
20:42	10 Riverside 1 st	21:12	99 Saint George's 1 ST	21:46	08 Bellevue Chr. 5 th
20:45	07 King's 1 st	21:14	05 Charles Wright 1 ST	21:46	06 Nooksack Valley 3 rd
20:45	98 Chelan 2 nd	21:14	03 King's 1 ST	21:46.9	11 Meridian 10th
20:49	08 LaCenter 2 nd	21:14	97 Chelan 1 ST	21:49	00 Saint George's 1 st
20:51	09 King's 1 st	21:19	10 University Prep 5 th	21:50	05 Zillah 2 nd
20:51.5	11 Cedar Park Chri 6th	21:20	08 Lakeside(Spok) 4 th	21:50	04 Saint George's 3 rd
20:54	04 Zillah 1 st	21:20	10 Lakeside(Spok) 4 th	21:50	01 Wellpinit 2 nd
20:58	01 King's 1 st	21:21	09 Lakeside(Spok) 4 th	21:50	10 Bellevue Christian 8 th
20:58	10 King's 2 nd	21:26	09 Chelan 3 rd		
21:05	98 LaCenter 3 rd	21:26.4	11 Nooksack Valley 7th		

B GIRLS

20:19	09 NW Chri Lacey 1 st	22:03	08 Asotin 2 nd	22:48.5	11 Tri-Cities Prep 5th
20:22.5	11 NW Chri Lacey 1st	22:08	08 Saint George's 3 rd	22:49	07 White Pass 3 rd
20:31.5	10 NW Christian Lacey 1 st	22:13.1	10 Oroville 4 th	23:04	06 Saint George's 2 nd
21:04.9	10 NW Chri Colbert 2 nd	22:18.5	11 Reardan 2nd	23:05	09 Saint George's 4 th
21:16	07 NW Christian Lacey 1 st	22:19	06 NW Christian Lacey 1 st	23:10	08 White Pass 4 th
21:37.2	10 White Pass 3 rd	22:34.12	11 Asotin 3rd	23:10	09 Crosspoint Academy 5 th
21:39	07 Saint George's 2 nd	22:37.9	10 Saint George's 5 th	23:19	08 Riverside Chr. 5 th
21:49	09 White Pass 2 nd	22:38.1	10 Asotin 6 th	23:23	07 Reardan 4 th
21:54	09 NW Chri Colbert 3 rd	22:43.0	11 Morton-WhitePass 4th		
21:55	08 NW Christian Lacey 1 st				

BEST GIRLS INDIVIDUAL PERFORMANCES SINCE 1997

TIME RUNNER

17:10.6	11 Katie Knight – North Central 3A 1st	18:10.7	10 Chandler Olson – Woodinville 4A 3 rd
17:24.7	11 Jordan McPhee – Mount Rainer 4A 1st	18:11.0	10 Minna Fields – Stanwood 4A 4 th
17:28.8	11 Amy-Eloise Neale – Glacier Peak 3A 2nd	18:13	06 Kenna Patrick - Thomas Jefferson 4A 1 ST
17:31.8	10 Amy Eloise Neale – Glacier Peak 3A 1 st	18:13	09 Tansey Lystad – Juanita 3A 3 rd
17:33.9	10 Maddie Meyers – Northwest 1A 1 st	18:14	03 Brie Felnagle - Bellarmine Prep 4A 1 st
17:35	05 Megan O'Reilly - Mount Spokane 4A 1 st	18:15.0	10 Erin Hegarty – Hanford 3A 4 th
17:38.0	10 Katie Knight – North Central 3A 2 nd	18:15	11 Stephanie Rexus – Kamiakin 4A 4th
17:44.4	10 Tansey Lystad – Inglemoor 4A 1 st	18:15.5	10 Baylee Mires – Mead 4A 5 th
17:50.2	10 Anastasia Kosykh – Eastlake 4A 2 nd	18:16	06 Andrea Nelson - Shadle Park 4A 3 RD
17:53	04 Brie Felnagle - Bellarmine Prep 4A 1 st	18:16	06 Nicole Cochran - Bellarmine Prep 4A 3 RD
17:54.6	11 Maddie Meyers – Northwest 1A 1st	18:16.1	11 Katie Bianchini – Glacier Peak 3A 5th
17:55.9	11 Alexa Efraimson – Camas 3A 3rd	18:16.4	10 Priscilla Timmons – Skyview 4A 6 th
17:58	09 Anna Dailey – Garfield 4A 1 st	18:17	09 Minna Fields – Stanwood 4A 2 nd
18:00	08 Alyssa Andrews – Gig Harbor 4A 1 st	18:17	11 Emily Pittis – Sehome 2A 1st
18:01	09 Maddie Meyers – Northwest 1A 1 st	18:17.8	10 Lucy Cheadle – Roosevelt 4A 7 th
18:03.1	10 Katie Bianchini – Glacier Peak 3A 3 rd	18:19	11 Reagan Colyer – North Kitsap 2A 2nd
18:06	09 Ruby Roberts – Kingston 2A 1 st	18:20	08 Sandra Martinez – AC Davis 4A 2 nd
18:07.1	11 Alexis Fuller – Union 4A 2nd	18:20	01 Jessie McLaughlin - Olympia 4A 1 ST
18:08	09 Amy-Eloise Neal – Glacier Peak 3A 1 st	18:20.2	11 Chandler Olson – Woodinville 4A 3rd
18:09	09 Katie Knight – North Central 3A 2 nd	18:20.4	11 Katia Matora – Mercer Island 4A 6th
18:10	98 Melaine Frostad–East Valley Spok 3A 1 ST	18:21	98 Megan Johnson - Seattle Prep 3A 2 ND
18:10	05 Jessica Pixler - Eastlake 4A 2 ND	18:22	01 Bobeya Krishnek - Mount Baker 2A 1 ST

BEST GIRLS INDIVIDUAL PERFORMANCES BY DIVISION SINCE 1997

4A GIRLS

17:24.7	11 Jordan McPhee – Mount Rainer 1st	18:24	05 Paige Pattilo - Bothell 4 TH
17:35	05 Megan O'Reilly - Mount Spokane 1 st	18:25	09 Priscilla Timmons – Skyview 4 th
17:44.4	10 Tansey Lystad – Inglemoor 1 st	18:25.6	11 Mayra Chavez – Eisenhower 6th
17:50.2	10 Anastasia Kosykh – Eastlake 2 nd	18:26	07 Andrea Nelson - Shadle Park 1 ST
17:53	04 Brie Felnagle - Bellarmine Prep 1 st	18:26	02 Amber Nickelson - Lake Stevens 1 ST
17:58	09 Anna Dailey – Garfield 1 st	18:27	04 Stephanie Sipes - Gig Harbor 2 ND
18:00	08 Alyssa Andrews – Gig Harbor 1 st	18:27	03 Stephanie Lenihan - Davis 2 ND
18:07.1	11 Alexis Fuller – Union 2nd	18:28	98 Kim Stone - Bethel 1 ST
18:10	05 Jessica Pixler - Eastlake 2 nd	18:29	01 Meredith Crane - Davis 2 nd
18:10.7	10 Chandler Olson – Woodinville 3 rd	18:29.9	10 Jasmine Johnson - Federal Way 8 th
18:11.0	10 Minna Fields – Stanwood 4 th	18:31.3	10 Alison Keenan – Lewis and Clark 9 th
18:13	06 Kenna Patrick - Thomas Jefferson 1 st	18:32	08 Sarah Lord – Redmond 3 rd
18:14	03 Brie Felnagle - Bellarmine Prep 1 st	18:32	06 Kayla Evans - Bellarmine Prep 4 TH
18:15.5	10 Baylee Mires – Mead 5 th	18:32	01 Laura Hodgson - North Central 3 RD
18:16	06 Andrea Nelson - Shadle Park 3 RD	18:33.1	11 Rachel Atwood – Auburn Riverside 7th
18:16	06 Nicole Cochran - Bellarmine Prep 3 rd	18:33.5	10 Rachel Atwood – Auburn Riverside 10 th
18:16.4	10 Priscilla Timmons – Skyview 6 th	18:34	99 Erin Deasy - Gig Harbor 2 ND
18:17	09 Minna Fields – Stanwood 2 nd	18:34	97 Emily Hawkins - Joel Ferris 1 ST
18:17.8	10 Lucy Cheadle – Roosevelt 7 th	18:34.9	10 Mayra Chavez – Eisenhower 11 th
18:20	08 Sandra Martinez – AC Davis 2 nd	18:35	98 Haley Acre - Olympic 2 ND
18:20	01 Jessie McLaughlin - Olympia 1 ST	18:36	05 Nicole Cochran - Bellarmine Prep 5 TH
18:20.2	11 Chandler Olson – Woodinville 3rd	18:37	09 Baylee Mires – Mead 5 th
18:20.8	11 Alexia Martin – Kent Meridian 4th	18:38	08 Shannon Moskowitz – Central Kitsap 4 th
18:23	05 Anna Layman - Central Valley 3 RD	18:38.1	10 Katie Mahoney – Richland 12 th
18:23	99 Erin Krogel - Shadle Park 1 ST	18:39	08 Jade Borseth – Stanwood 5 th
18:23	09 Devin McMahan – Redmond 3 rd	18:39	04 Becca Noble - Rogers - Spokane 3 RD

3A GIRLS

17:10.6	11 Katie Knight – North Central 1st	18:32	99 Jodee Adams-Moore Newport Bellevue 2 ND
17:28.8	11 Amy-Eloise Neale – Glacier Peak 2nd	18:32	01 Anna Blue - Capital 4 th
17:31.8	10 Amy Eloise Neale – Glacier Peak 1 st	18:34.8	10 Katie Morris – Shadle Park 6 th
17:38.0	10 Katie Knight – North Central 2 nd	18:35	08 Carey Parker – Seattle Prep 2 nd
17:55.9	11 Alexa Efraimson – Camas 3rd	18:35	98 Ray Rogers - Seattle Prep 2 ND
18:03.1	10 Katie Bianchini – Glacier Peak 3 rd	18:36	98 Jodee Adams-Moore Newport Bellevue 5 TH
18:08	09 Amy-Eloise Neale – Glacier Peak 1 st	18:36	00 Jodee Adams-Moore Newport Bellevue 1 ST
18:09	09 Katie Knight – North Central 2 nd	18:37	05 Bronwyn Crossman - Squalicum 4 TH
18:10	98 Melaine Frostad - East Valley – Spokane 1 st	18:37	09 Andrea Nelson – Shadle Park 4 th
18:13	09 Tansey Lystad – Juanita 3 rd	18:38	09 Kendra Weitz – Shadle Park 5 th
18:15.0	10 Erin Hegarty – Hanford 4 th	18:39	08 Lindsay Benster – Mercer Island 3 rd
18:15	11 Stephanie Rexus – Kamiakin 4th	18:39	04 Michelle Schubert -West Valley-Yakima 1 ST
18:16.1	11 Katie Bianchini – Glacier Peak 5th	18:40	09 Allison Clark – Columbia River 6 th
18:20.4	11 Katia Matora – Mercer Island 6th	18:40	99 Rose Wetzel - Bishop Blanchet 3 RD
18:21	98 Megan Johnson - Seattle Prep 2 nd	18:41	97 Melaine Frostad - East Valley - Spokane 1 ST
18:24.6	10 Kendra Weitz – Shadle Park 5 th	18:41	03 Isley Gonzalez - Sunnyside 1 ST
18:25	08 Andrea Nelson – Shadle Park 1 st	18:42	08 Sarah Bobbe – Columbia River 4 th
18:25	05 Michelle Schubert - West Valley Yakima 1 st	18:42	09 Sarah Bobbe – Columbia River 7 th
18:27	99 Megan Johnson - Seattle Prep 1 st	18:43	97 Anna Blue - Capital 2 ND
18:27	05 Stephanie Marcy - Sequim 2 nd	18:43	98 Jessica McLaughlin - Olympia 6 TH
18:29	01 Amanda Miller - Eastmont 1 ST	18:43	02 Marie Foushee - Bellevue 1 ST
18:30	98 Melissa Frostad - East Valley - Spokane 3 RD	18:44	06 Bronwyn Crossman - Squalicum 1 ST
18:31	05 Kelsey Walker - Bellevue 3 RD		

2A GIRLS

18:02.8	10 Sarah Reiter – Lindbergh 1 st	18:26.3	10 Marina Roberts – Kingston 2 nd
18:06	09 Ruby Roberts – Kingston 1 st	18:28	06 Stephanie Marcy - Sequim 1 st
18:17	11 Emily Pittis – Sehome 1st	18:33	04 Brittney Sanchez - Grandview 1 st
18:19	11 Reagan Colyer – North Kitsap 2nd	18:33	11 Sarah Reiter – Lindbergh 6th
18:22	01 Bobeya Krishnek - Mount Baker 1 st	18:34	08 Ruby Roberts – Kingston 2 nd
18:23	11 Marina Roberts – Kingston 3rd	18:37	11 Antoinette Tansley – Interlake 7th
18:25	08 Allison Cutting – Sequim 1 st	18:38	09 Marina Roberts – Kingston 2 nd
18:26	11 Brittany Gappa – Squalicum 5th	18:39	07 Ruby Roberts - Kingston 1 st

18:44 08 Caroline Austin – WF West 3rd
 18:45.9 10 Sanne Holland – Cheney 3rd
 18:46 08 Torin Shriver – Centralia 4th
 18:49 01 Kristen Rohde - Mount Baker 2nd
 18:49 98 Staci Hunter - Ephrata 1st
 18:49 09 Sanne Holland – Cheney 3rd
18:51 11 Nikita Waghani – Interlake 8th
 18:52 08 Shannon Porter – Hockinson 5th
 18:53 08 Mimi Krieger – Sehome 6th
18:53 11 Yohana Salzano – Foster 9th
 18:54 03 Katrin Drennen - Orting 1st
 18:54.6 10 Reagan Colyer – North Kitsap 4th
 18:55 08 Marina Roberts – Kingston 7th
 18:55 06 Shannon Porter - Hockinson 2nd
 18:55 04 Hannah Granger - Port Townsend 2nd
18:55 11 Lauryn Wate – White River 10th
 18:57 97 Staci Hunter - Ephrata 1st
 18:57.2 10 Brittany Gappa – Squalicum 5th
 19:00.5 10 Anna Patti – Lindbergh 6th
 19:01 06 Annie Moore - Sehome 3rd
 19:01.3 10 Cara Strodel – Cedarcrest 7th

1A GIRLS 5K

17:33.9 10 Maddie Meyers – Northwest 1st
17:54.6 11 Maddie Meyers – Northwest 1st
 18:01 09 Maddie Meyers – Northwest 1st
18:37 11 Hazel Carr – Northwest 2nd
18:37.7 11 Jess Mildes – Riverside 3rd
18:41.7 11 Kacey Kemper – King’s 4th
18:49.5 11 Sally Larson – Cedar Park Chr 5th
 18:53 08 Maddie Meyers – Northwest 1st
18:53.6 11 Lindy Jacobson – Lakeside 6th
 19:00 98 Laura Halverson - Freeman 1st
 19:01 04 Jane Larson - Cedar Park Chr 1st
 19:03 03 Kysa Cronan - Odessa 1st
19:05.1 11 McKenna Smith – King’s 7th
 19:09 03 Allison Ritchie - Seattle Chr 2nd
19:13.7 11 Angela Knishka – Cashmere 8th
 19:14 04 Sadie Bjornsen - Liberty Bell 2nd
 19:15 06 Lizzie Jewson - Charles Wright 1st
 19:16 07 Olivia Thomas - King’s 1st
 19:20 98 Cassie Sloan - Columbia Burbank 2nd
 19:22 05 Jane Larson - Cedar Park Chr 1st
 19:23.3 10 Marissa Hielkema – Lynden Chr. 2nd
 19:27.5 10 Jess Mildes – Riverside 3rd
 19:30 99 Laura Halverson - Freeman 1st
 19:31 06 Olivia Thomas - King’s 2nd

B GIRLS

18:36 09 Morgan Willson – Colfax 1st
18:36 11 Morgan Willson – Colfax 1st
 18:44.8 10 Sierra Speiker – Oroville 1st
 18:57.7 10 Morgan Willson – Colfax 2nd
 19:14 07 Joscelyn Minton - NW Chr Lacey 1st
 19:18 08 Neola Putnam – Trout Lake/Glenwood 1st
 19:18.2 10 Anna Henry – NW Chr Colbert 3rd
 19:20 06 Lisa Vandenburg - NW Chr Colbert 1st
 19:20.6 10 Nicole Anderson – White Pass 4th
 19:23 09 Mikel Elliott – White Pass 2nd
19:25 11 Sierra Speiker – Oroville 2nd
 19:32 07 Lisa Vandenburg - NW Chr Colbert 2nd
 19:35.5 10 Catie Arrigoni – Oroville 5th
19:36 11 Elizabeth Weber – NW Chr-Lacey 3rd
 19:37 08 Kate Reidy – Saint George’s 2nd
 19:37.8 10 Joanna Sowers – NW Chr. Lacey 6th

19:02.0 10 Kathleen Ramsey – North Kitsap 8th
 19:04 09 Annie Moore – Sehome 4th
 19:06 08 Sophie Curl – Squalicum 8th
19:07 11 Melissa Starr – Mark Morris 11th
 19:08 98 Emily Turner - Omak 2nd
 19:08.0 10 Rose Bishop – Kingston 9th
19:08 11 Anna Patti – Lindbergh 12th
 19:09 08 Annie Moore – Sehome 9th
 19:09 02 Breanne Siebol - East Valley Yak 1ST
 19:10 08 Cara Strodel – Cedarcrest 10th
 19:10 08 Amanda Wilson – Riverside 11th
19:10 11 McCall Skay – West Valley-Spo 13th
 19:11 07 Annie Moore - Sehome 2nd
 19:11 99 Emily Turner - Omak 1st
19:11 11 Kate Hannah – Sehome 14th
 19:12 04 Sierra Cook - Klahowya 3rd
 19:13 07 Shannon Porter - Hockinson 3rd
 19:13 04 Kayelynn Joachims - Ephrata 4th
 19:13.0 10 Katie Delahunt – Sehome 10th
 19:14 01 Katie Prichard - Riverside 3rd

19:32 04 Chelsea Schilter - Toutle Lake 3rd
 19:32 03 Jane Larson - Cedar Park Chr 3rd
 19:32 01 Ashley Hadway - NW Chr Colbert 1st
19:32.4 11 Kayleigh McCoy – Orting 9th
19:33.4 11 Marissa Hielkema – Lynden Chr 10th
 19:34 08 Olivia Thomas – King’s 2nd
 19:37 03 Jenny Knezovich - Reardan 4th
 19:37 09 Eliza Rice – Northwest 2nd
 19:38 04 Emily Timmer - Tacoma Baptist 4th
 19:39.0 10 Audrey Western – University Prep 4th
 19:40 97 Samantha Clarke - Saint George’s 1st
 19:40 04 Lisa Mensonides - Tacomas Baptist 5th
 19:40 98 Samantha Clarke - Saint Georges 3rd
 19:41 08 Chanda Romney – Forks 3rd
 19:41 04 Terece Hahn - Newport 6th
 19:41 00 Laura Halverson - Freeman 1st
19:41.7 11 Audrey Western – University Prep 11th
 19:42 98 Kristina Black - Chelan 4th
 19:43 08 Gaby Guillen – Chelan 4th
 19:43.5 10 Kacey Kemper – King’s 5th
 19:44 02 Rachel Strand - King’s 1st

19:41 09 Elizabeth Weber – NW Chr. Lacey 3rd
 19:42 08 Lisa Vandenburg – NW Chr. Colbert 3rd
 19:45 06 Joscelyn Minton - NW Chr Lacey 2nd
19:46 11 Hailey Bredeson – NW Chr-Lacey 4th
 19:52.1 10 Hailey Bredeson – NW Chr. Lacey 7th
 19:54 08 Mikel Elliott – White Pass 4th
 19:55 06 Neola Putnam - Glenwood 3RD
 19:55 07 Mikel Elliott - White Pass 3RD
 20:00 09 Christina Anderson –NW Chr. Colbert 4th
 20:00 09 Hailey Bredeson – NW Chr. Lacey 5th
 20:05 09 Joanna Sowers – NW Chr. Lacey 6th
20:07 11 Harley Strobe – Reardan 5th
 20:09.7 10 Christina Anderson –NW Chr. Colbert 8th
 20:10 08 BreAnna Romerdahl–Mt.Rainier Luth. 5th
 20:12 07 Katie Reidy - Saint George’s 4TH
20:13 11 Anna Henry – NW Chr-Colbert 6th

1988 – 1996 SUN WILLOWS LISTS (The 3 mile years)

While it is tempting to compare previous courses, it is far too debatable.

However we must not forget about the early years of Sun Willows 3.0 mile history.

BEST BOYS TEAM PERFORMANCES 1988-1996**Boys 3.0 miles**

14:56	93 Mead 3A 1 ST	15:26	88 Joel Ferris 3A 2 ND	15:46	94 Richland 3A 2 ND
15:06	88 Mead 3A 1 ST	15:31	95 Gig Harbor 2A 1 ST	15:47	88 Colville 2A 2 ND
15:09	90 Mead 3A 1 ST	15:33	91 Bishop Blanchet 2A 1 ST	15:49	95 Lynnwood 2A 3 RD
15:09	89 Mead 3A 1 ST	15:34	90 West Valley Spo 2A 2 ND	15:51	95 West Valley Spo 2A 2 ND
15:11	92 Mead 3A 1 ST	15:35	90 Bellingham 2A 3 RD	15:51	90 Gig Harbor 2A 4 TH
15:14	91 Mead 3A 1 ST	15:39	93 Kennewick 3A 2 ND	15:52	93 Gig Harbor 2A 2 ND
15:17	95 Joel Ferris 3A 2 ND	15:39	94 Lynnwood 2A 1 ST	15:53	96 University 3A 2 ND
15:19	90 Edmonds Wood 2A 1 ST	15:40	88 Edmonds 2A 1 ST	15:54	89 University 3A 2 ND
15:21	96 Mead 3A 1 ST	15:43	93 Lynnwood 2A 1 ST	15:55	92 Richland 3A 2 ND
15:21	94 Mead 3A 1 ST	15:44	94 Gig Harbor 2A 2 ND	15:55	91 Shorecrest 2A 4 TH
15:22	95 Mead 3A 1 ST	15:44	96 East Valley Yak 2A 1 ST		
15:25	90 University 3A 2 ND	15:45	91 Redmond 3A 2 ND		

BEST BOYS TEAM PERFORMANCES BY DIVISION 1988-1996**3A Boys 3.0 miles**

14:56	93 Mead 1 ST	15:17	95 Joel Ferris 2 ND	15:39	93 Kennewick 2 ND
15:06	88 Mead 1 ST	15:21	96 Mead 1 ST	15:45	91 Redmond 2 ND
15:09	90 Mead 1 ST	15:21	94 Mead 1 ST	15:46	94 Richland 2 ND
15:09	89 Mead 1 ST	15:22	95 Mead 1 ST	15:53	96 University 2 ND
15:11	92 Mead 1 ST	15:25	90 University 2 ND	15:54	89 University 2 ND
15:14	91 Mead 1 ST	15:26	88 Joel Ferris 2 ND	15:55	92 Richland 2 ND

2A Boys 3.0 miles

15:19	90 Edmonds Woodway 1 ST	15:44	96 East Valley Yak 1 ST	15:58	91 Cheney 3 RD
15:31	95 Gig Harbor 1 ST	15:47	88 Colville 2 ND	15:58	95 West Valley Yak 4 TH
15:33	91 Bishop Blanchet 1 ST	15:49	95 Lynnwood 3 RD	16:01	96 Capital 2 ND
15:34	90 West Valley Spok 2 ND	15:51	95 West Valley Spok 2 ND	16:02	89 Cheney 1 ST
15:35	90 Bellingham 3 RD	15:51	90 Gig Harbor 4 TH	16:06	89 Edmonds 3 RD
15:39	94 Lynnwood 1 ST	15:52	93 Gig Harbor 2 ND	16:06	88 Tumwater 4 TH
15:40	88 Edmonds 1 ST	15:55	91 Shorecrest 4 TH	16:07	92 Bishop Blanchet 1 ST
15:43	93 Lynnwood 1 ST	15:56	88 Gig Harbor 3 RD	16:08	89 West Valley Yak 2 ND
15:44	94 Gig Harbor 2 ND	15:57	91 Bellingham 2 ND	16:11	92 Gig Harbor 2 ND

1A Boys 3.0 miles

15:56	90 Omak 1 ST	16:12	95 Chelan 2 ND	16:21	94 Omak 1 ST
15:56	91 Omak 1 ST	16:12	96 Chelan 2 ND	16:22	93 Chewelah 3 RD
15:58	90 Lake Roosevelt 2 ND	16:14	89 Lakewood 1 ST	16:23	89 Omak 2 ND
15:58	95 Chewelah 1 ST	16:16	93 Riverside 2 ND	16:33	92 Chewelah 1 ST
16:06	96 Chewelah 1 ST	16:18	90 Colfax 3 RD	16:37	94 King's 2 ND
16:07	88 Ephrata 1 ST	16:19	93 Omak 1 ST	16:40	92 Omak 2 ND
16:09	88 Lakewood 2 ND	16:21	91 Riverside 2 ND		

B Boys 3.0 miles

16:43	91 Saint George's 2 ND	17:19	94 Mary Walker 3 RD
16:52	91 Pomeroy 1 ST	17:26	92 Saint George's 2 ND
17:04	91 Trout Lake 3 RD	17:29	94 Northwest Christian 1 ST
17:06	92 Seattle Lutheran 1 ST	17:32	93 Seattle Lutheran 2 ND
17:15	93 Saint George's 1 ST	17:34	92 Trout Lake 4 TH
17:16	94 Saint George's 2 ND	17:39	92 Wilbur Creston 3 RD

BEST BOYS INDIVIDUAL PERFORMANCES 1988-1996

BOYS 3.0M

14:10	93 Matthew Davis - Mead 3A 1 ST	14:40	96 Isaac Hawkins - Joel Ferris 3A 1 ST
14:28	88 Chris Lewis - Mead 3A 1 ST	14:40	92 Matthew Davis - Mead 3A 1 ST
14:29	89 Greg Kuntz - Mead 3A 1 ST	14:41	95 Isaac Hawkins - Joel Ferris 3A 1 ST
14:32	90 David Gurry - Blanchet 3A 1 ST	14:43	88 Andy Harris - Eisenhower 3A 4 TH
14:36	90 Ty Whitten - University 3A 2 ND	14:44	91 Aaron Taylor - Shelton 2A 1 ST
14:36	88 Don Higgins - Wilson 3A 2 ND	14:45	88 Andy Maris - White River 2A 1 ST
14:36	90 Andy Heily - Eastside Catholic 2A 1 ST	14:46	93 Micah Davis - Mead 3A 2 ND
14:37	88 Stuart Burnham - Joel Ferris 3A 3 RD	14:48	93 Rob Aubrey - Mead 3A 3 RD
14:37	90 Richard Brown - Tumwater 2A 2 ND	14:48	88 Erin Scroggins - Mountain View 3A 5 TH
14:38	90 Nick Pavach - Blanchet 3A 3 RD	14:49	91 Matthew Davis - Mead 3A 1 ST
14:38	89 David Gurry - Blanchet 3A 2 ND		

BEST BOYS INDIVIDUAL PERFORMANCES BY DIVISION 1988-1996

3A BOYS 3.0M

14:10	93 Matthew Davis - Mead 1 ST	14:46	93 Micah Davis - Mead 2 ND
14:28	88 Chris Lewis - Mead 1 ST	14:48	93 Rob Aubrey - Mead 3 RD
14:29	89 Greg Kuntz - Mead 1 ST	14:48	88 Erin Scroggins - Mountain View 5 TH
14:32	90 David Gurry - Blanchet 1 ST	14:49	91 Matthew David - Mead 1 ST
14:36	90 Ty Whitten - University 2 ND	14:52	94 Micah Davis - Mead 1 ST
14:36	88 Don Higgins - Wilson 2 ND	14:54	89 Nathan Davis - Mead 3 RD
14:37	88 Stuart Burnham - Joel Ferris 3 RD	14:55	96 Joey Corr - Eastlake 2 ND
14:38	90 Nick Pavach - Blanchet 3 RD	14:56	95 Paul Harkins - Joel Ferris 2 ND
14:38	89 David Gurry - Blanchet 2 ND	14:56	90 Yukon Dagenhart - Mead 4 TH
14:40	96 Isaac Hawkins - Joel Ferris 1 ST	14:57	94 Jon Hedengren - Richland 2 ND
14:40	92 Matthew David - Mead 1 ST	14:57	90 Troy Gallant - Marysville Pillchuck 5 TH
14:41	95 Isaac Hawkins - Joel Ferris 1 ST	14:58	90 Stephen Barbieri - Gonzaga Prep 6 TH
14:43	88 Andy Harris - Eisenhower 4 TH		

2A BOYS 3.0M

14:36	90 Andy Heily - Eastside Catholic 1 ST	14:55	88 Erik Gibson - Cleveland 4 TH
14:37	90 Richard Brown - Tumwater 2 ND	14:56	89 Andy Maris - White River 1 ST
14:44	91 Aaron Taylor - Shelton 1 ST	14:57	90 Aaron Taylor - Shelton 6 TH
14:45	88 Andy Maris - White River 1 ST	15:00	88 Jason Monhollen - Stanwood 5 TH
14:50	90 Sam Alexander - Bellingham 3 RD	15:01	96 Dustin Duke - Jackson 1 ST
14:51	88 Brett Allsop - Sehome 2 ND	15:03	91 Michael Galeana - Hoquiam 3 RD
14:51	90 Kien Tseng - Edmonds Woodway 4 TH	15:03	95 Cary Stidham - Nathan Hale 2 ND
14:51	91 Aaron Davis - East Valley Spokane 2 ND	15:04	95 Matt Pearson - O'Dea 3 RD
14:54	90 Erik Gibson - Cleveland 5 TH	15:05	88 Mark Lacey - Clarkston 6 TH
14:54	95 Geoff Perry - Gig Harbor 1 ST	15:05	90 Donovan Shanahan - Cheney 7 TH
14:55	88 Buck Stewart - Yelm 3 RD	15:05	91 Jon Cluett - Lakeside Seattle 4 TH

1A BOYS 3.0M

14:57	88 Brent Hooper - Montesano 1 ST	15:21	89 Brent Hooper - Montesano 2 ND
15:00	88 Kienan Slate - Colfax 2 ND	15:21	95 Christian Laugen - Saint George's 1 ST
15:00	96 Ross Jorgusen - Toledo 1 ST	15:21	96 Hector Rodriguez - Chelan 3 RD
15:06	90 Brent Hooper - Montesano 1 ST	15:22	90 Mac Lavier - Lakewood 2 ND
15:08	96 Justin Murray - Lakewood 2 ND	15:23	93 Joe Atkinson - Port Townsend 3 RD
15:10	93 Andy Davis - Cashmere 1 ST	15:24	96 Kevin Smith - Ridgefield 4 TH
15:12	95 Jim Reed - Ridgefield 1 ST	15:25	93 Will Woodward - King's 4 TH
15:15	89 Shad James - Omak 1 ST	15:25	95 Ross Jorgusen - Toledo 2 ND
15:17	91 Jason Odem - King's 1 ST	15:25	95 Justin Murray - Lakewood 3 RD
15:18	93 Jon Murray - Lakewood 2 ND	15:26	88 Erick Goldman - University Prep 4 TH
15:19	88 Paul Talbot - Rochester 3 RD	15:26	93 Derek Churck - Onalaska 5 TH
15:20	91 Ernie Ammons Ilwaco 2 ND	15:26	95 David Yarnell - Chewelah 4 TH

B BOYS 3.0M

14:57	93 Tim Briggs – Davenport 1 ST	16:00	93 Chamberlain Franklin – Bush 2 ND
15:01	92 Tim Briggs – Davenport 1 ST	16:11	92 Bobby Mathews – Seattle Lutheran 3 RD
15:31	91 Tim Briggs – Davenport 1 ST	16:11	93 Christian Laugen – Saint George's 3 RD
15:38	91 James Johnson – Saint George's 2 ND	16:14	92 Bill Persons - St. John Endicott 4 TH
15:41	91 Daniel Noyes – University Prep 3 RD	16:16	94 Christian Laugen – Saint George's 1 ST
15:41	92 James Johnson – Saint George's 2 ND	16:17	92 Mario Lopez – Trout Lake 5 TH
15:56	91 Bobby Mathews – Seattle Lutheran 4 TH	16:23	91 Wendall Cass – Pomeroy 6 TH
15:57	91 Bill Hagan – St. John Endicott 5 TH	16:23	91 Les Mangis – Mary Walker 7 TH

BEST GIRLS TEAM PERFORMANCES 1988-1996**Girls 3.0 miles**

18:01	90 Rogers-Spok 3A 1 ST	18:26	88 Mead 3A 1 ST	18:48	96 Mead 3A 2 ND
18:01	91 Joel Ferris 3A 1 ST	18:27	94 Eisenhower 3A 1 ST	18:49	96 East ValleySpok 2A1 ST
18:14	88 Eisenhower 3A 2 ND	18:34	94 Mead 3A 2 ND	18:50	93 Mead 3A 2 ND
18:17	90 Eisenhower 3A 3 RD	18:35	91 University 3A 2 ND	18:52	95 East Valley Spok2A1 ST
18:18	90 Joel Ferris 3A 2 ND	18:36	91 Lakeside Seattle 2A1 ST	18:53	90 Lynnwood 2A 1 ST
18:18	95 Snohomish 3A 1 ST	18:43	96 Snohomish 3A 1 ST	18:53	96 South Whidbey 2A 2 ND
18:22	95 Eisenhower 3A 2 ND	18:44	93 Richland 3A 1 ST	18:54	95 South Whidbey 2A 2 ND
18:22	95 Joel Ferris 3A 3 RD	18:45	88 Lynnwood 2A 1 ST	18:54	96 Eisenhower 3A 3 RD
18:57	90 Gig Harbor 2A 2 ND	18:58	93 Shorecrest 2A 1 ST		
18:57	91 Bishop Blanchet 2A 2 ND	18:59	93 Gig Harbor 2A 2 ND		

BEST GIRLS TEAM PERFORMANCES BY DIVISION 1988-1996**3A Girls 3.0 miles**

18:01	91 Joel Ferris 1 ST	18:22	95 Joel Ferris 3 RD	18:48	96 Mead 2 ND
18:01	90 Rogers-Spokane 1 ST	18:26	88 Mead 1 ST	18:50	93 Mead 2 ND
18:14	88 Eisenhower 2 ND	18:27	94 Eisenhower 1 ST	18:54	96 Eisenhower 3 RD
18:17	90 Eisenhower 3 RD	18:34	94 Mead 2 ND	19:13	92 University 1 ST
18:18	95 Snohomish 1 ST	18:35	91 University 2 ND	19:17	92 Mead 2 ND
18:18	90 Joel Ferris 2 ND	18:43	96 Snohomish 1 ST	19:22	89 Eisenhower 1 ST
18:22	95 Eisenhower 2 ND	18:44	93 Richland 1 ST	19:29	89 Issaquah 2 ND

2A Girls 3.0 miles

18:36	91 Lakeside Seattle 1 ST	19:03	94 East Valley Spokane 1 ST
18:45	88 Lynnwood 1 ST	19:04	94 South Whidbey 2 ND
18:49	96 East Valley Spokane 1 ST	19:06	88 Lakeside Seattle 3 RD
18:52	95 East Valley Spokane 1 ST	19:07	95 Gig Harbor 3 RD
18:53	90 Lynnwood 1 ST	19:08	93 Lakeside Seattle 3 RD
18:53	96 South Whidbey 2 ND	19:15	88 Edmonds 2 ND
18:54	95 South Whidbey 2 ND	19:15	89 Lynnwood 1 ST
18:57	90 Gig Harbor 2 ND	19:21	91 West Valley Yakima 4 TH
18:57	91 Bishop Blanchet 2 ND	19:24	91 Gig Harbor 3 RD
18:58	93 Shorecrest 1 ST	19:43	92 Lakeside Seattle 2 ND
18:59	93 Gig Harbor 2 ND	19:49	89 Lakeside Seattle 2 ND
19:00	90 West Valley Yakima 3 RD	19:51	92 Gig Harbor 1 ST

1A Girls 3.0 miles

19:03	93 Lakewood 1 ST	19:43	96 Omak 1 ST	19:59	88 Riverside 2 ND
19:10	93 Omak 2 ND	19:48	88 Chelan 1 ST	20:06	93 Tonasket 3rd
19:22	90 Chelan 1 ST	19:48	92 Omak 1 ST	20:10	89 Chelan 1 ST
19:35	90 South Whidbey 2 ND	19:49	95 Omak 1 ST	20:12	92 Lakewood 2 ND
19:38	91 South Whidbey 2 ND	19:51	94 Omak 2 ND	20:16	89 Riverside 2 ND
19:38	94 Lakewood 1 ST	19:54	96 Chelan 2 ND		
19:40	91 Lakewood 1 ST	19:55	95 Mount Baker 2 ND		

B Girls 3.0 miles

20:25	94 Saint George's 1 ST	21:21	93 Seattle Lutheran 2 ND
20:39	93 Saint George's 1 ST	21:22	92 Seattle Lutheran 1 ST
21:02	91 Pomeroy 1 ST	21:56	92 Saint George's 2 ND
21:09	91 Seattle Lutheran 2 ND	22:19	94 Mary Walker 2 ND

BEST GIRLS INDIVIDUAL PERFORMANCES 1988-1996**GIRLS 3.0M**

16:55	91 Heidi VanBorkulo - Bishop Blanchet 2A 1 ST	17:24	91 Sarna Renfro - Bellarmine Prep 3A 2 ND
16:55	90 Sarah Schwald - Rogers-Spokane 3A 1 ST	17:24	88 Carrie Moller - Rogers-Spokane 3A 3 RD
16:59	93 Sarna Renfro - Bellarmine Prep 3A 1 ST	17:25	90 Mea Caviezel - Joel Ferris 3A 4 TH
17:04	88 Robin Bryson - Eisenhower 3A 1 ST	17:26	91 Diandra Simon - Joel Ferris 3A 3 RD
17:06	90 Robin Bryson - Eisenhower 3A 2 ND	17:26	88 Carissa Seward - Goldendale 1A 1 ST
17:17	91 Kim Schmolka - South Kitsap 3A 1 ST	17:31	90 Barb Richardson - Waterville 1A 1 ST
17:17	91 Suzanna Matsen - Lakeside-Seattle 2A 2 ND	17:32	95 Laura Snipes - Snohomish 3A 1 ST
17:18	88 Lisa Dressel - Rogers-Spokane 3A 2 ND	17:33	96 Kim Stone - Bethel 3A 1 ST
17:19	93 Jessica Fry - Rogers-Spokane 3A 2 ND	17:33	92 Sarna Renfro - Bellarmine Prep 3A 1 ST
17:19	96 Ann Ramsey - Lakeside-Seattle 2A 1 ST	17:33	91 Colleen Nicoulin - Interlake 3A 4 TH
17:21	90 Jessica Fry - Rogers-Spokane 3A 3 RD	17:33	90 Joline Stachelii - Bellarmine Prep 3A 5 TH
17:22	88 Helene Wilburn - Lakeside-Sea 2A 1 ST		

BEST GIRLS INDIVIDUAL PERFORMANCES BY DIVISION 1988-1996**3A GIRLS 3.0M**

16:55	90 Sarah Schwald - Rogers-Spokane 1 ST	17:32	95 Laura Snipes - Snohomish 1 ST
16:59	93 Sarna Renfro - Bellarmine Prep 1 ST	17:33	96 Kim Stone - Bethel 1 ST
17:04	88 Robin Bryson - Eisenhower 1 ST	17:33	92 Sarna Renfro - Bellarmine Prep 1 ST
17:06	90 Robin Bryson - Eisenhower 2 ND	17:33	91 Colleen Nicoulin - Interlake 4 TH
17:17	91 Kim Schmolka - South Kitsap 1 ST	17:33	90 Joline Stachelii - Bellarmine Prep 5 TH
17:18	88 Lisa Dressel - Rogers-Spokane 2 ND	17:36	88 Kristin Wellman - Shadle Park 4 TH
17:19	93 Jessica Fry - Rogers-Spokane 2 ND	17:39	96 Kate Bradshaw - Issaquah 2 ND
17:21	90 Jessica Fry - Rogers-Spokane 3 RD	17:40	95 Tammi Green - Kelso 2 ND
17:24	91 Sarna Renfro - Bellarmine Prep 2 ND	17:40	91 Emily Johnson - University 5 TH
17:24	88 Carrie Moller - Rogers-Spokane 3 RD	17:40	88 Melanie Kosin - Eisenhower 5 TH
17:25	90 Mea Caviezel - Joel Ferris 4 TH	17:41	94 Aleah Thome - Eisenhower 1 ST
17:26	91 Diandra Simon - Joel Ferris 3 RD	17:41	90 Sarna Renfro - Decatur 6 TH

2A GIRLS 3.0M

16:55	91 Heidi VanBorkulo - Bishop Blanchet 1 ST	17:48	90 Kristen Fargher - Gig Harbor 2 ND
17:17	91 Suzanna Matsen - Lakeside-Seattle 2 ND	17:48	94 Jeannette Zimmer - Cheney 1 ST
17:19	96 Ann Ramsey - Lakeside-Seattle 1 ST	17:49	90 Jennifer Davis - Bremerton 3 RD
17:22	88 Helene Wilburn - Lakeside-Seattle 1 ST	17:50	91 Joelle Brayton - Stanwood 5 TH
17:40	91 Christine Dehlendorf - Lakeside-Sea 3 RD	17:54	88 Erika Klein - Edmonds 3 RD
17:42	90 Suzanna Matsen - Lakeside-Seattle 1 ST	17:56	88 Casi Montoya - Eastmont 4 TH
17:43	91 Jenny Campbell - Highline 4 TH	17:57	91 Gilia Angell - Shorecrest 6 TH
17:43	92 Suzanna Matsen - Lakeside-Seattle 1 ST	17:58	95 Anna Blue - Capital 2 ND
17:46	95 Ann Ramsey - Lakeside-Seattle 1 ST		
17:47	96 Megan Johnson - Seattle Prep 2 ND		

1A GIRLS 3.0M

17:26	88 Carissa Seward - Goldendale 1 ST	18:31	96 Katie Park - Mount Baker 1 ST
17:31	90 Barb Richardson - Waterville 1 ST	18:32	89 Jessica Brathovd - Tenino 2 ND
17:59	93 Mathea Kok - Bellevue Chr. 1 ST	18:32	93 Amy King - King's 3 RD
18:07	88 Stacey Brown - Omak 2 ND	18:32	93 Elena Gonzalez - Cashmere 4 TH
18:15	89 Robyn Slate - Colfax 1 ST	18:34	91 Amy Molina - Chelan 3 RD
18:19	90 Rachel Rieke - Cascade-Leavenworth 2 ND	18:35	88 Kelly Charbonneau - Valley Chr. 4 TH
18:24	90 Kelley Marsh - South Whidbey 3 RD	18:35	93 Megan Hendrickson - Lakewood 5 TH
18:24	91 Tanya Robinson - Tenino 1 ST	18:36	93 Danielle Bradshaw - Liberty Bell 6 TH
18:27	91 Kelley Marsh - South Whidbey 2 ND	18:37	89 Kelly Charbonneau - Valley Chr.. 3 RD
18:30	88 Vesta Coufal - Chewelah 3 RD	18:38	88 Robyn Slate - Colfax 5 TH
18:31	93 Marie VanBrunnt - Omak 2 ND	18:39	95 Amy King - King's 1 ST

B GIRLS 3.0M

19:21	91 Kelly Charbonneau - Northwest Chr. 1 ST	19:44	94 Melissa Harbill - Saint George's 2 ND
19:38	92 Kymi Quackenbush - Christian Faith 1 ST	19:52	92 Stacie Marriott - Davenport 4 TH
19:38	92 Angela Pearson - Trout Lake 2 ND	19:56	93 Chrissy Peterson - Saint George's 1 ST
19:42	91 Kymi Quackenbush - Christian Faith 2 ND	19:58	91 Kathy Fuchs - Pomeroy 3 RD
19:42	92 Angela Melville - Mary Walker 3 RD	19:58	93 Debra Emerson - Pomeroy 2 ND
19:44	94 Eddie Deniro - Saint George's 1 ST		